



The Park Bench

March 2026

Seniors in the Park Newsletter

SCHOLARLY SCOOP: WHEN AI WRITES BACK: COLLEGE COMPOSITION AFTER CHATGPT



Friday, March 6, 10:30 am

What happens to college education – and to college writing, specifically - when students can ask a computer to draft their essay? This talk explores how AI tools like ChatGPT are changing college composition. It investigates what these changes mean for learning, academic integrity and authorship, as well as the new opportunities and challenges AI creates for students and teachers. It also asks how colleges can respond thoughtfully as expectations for writing evolve.

Dr. Rossi Ivanova has spent nearly 15 years teaching First– Year English at the University of Wisconsin– Whitewater. She recently took a semester – long sabbatical to explore how artificial intelligence is reshaping college writing and writing instruction. When she’s not teaching, researching, or experimenting with AI tools, she enjoys family life and getting outside.

Deadline to Register: Thursday, March 5



HEALTHY BRAIN OBJECTIVE

Wednesday, March 4, 9:00 am

The Healthy Brain Objective (HBO) is a Walworth County program that connects seniors who are trying to maintain a healthy brain. We will use various exercises that

will target aspects of our cognitive skills that we likely do not use on a regular day.

You do not need to live in Walworth County to participate.

Jake Sawyers, Dementia Care Specialist with Walworth County, will be facilitating this program.

Registration is encouraged.

Next session: April 1

Volume XXVII Issue 3

WHAT'S INSIDE

2-4, 6-7 *Activities*

5, 11, 13....*Support Our Sponsors & Meal Info*

8-9...*Van, Extended Travel*

10*Dementia & Support*

8, 11, 14-15*Information*

12 *Calendar*

14 *Volunteers*

Back ADDRESS, Phone Numbers, Staff

LEARN MAH JONGG

Mondays at 1:00 pm

Interested in learning how to play Mah Jongg? Our group of Mah Jongg players would love to help you learn how to play! If you are interested please call 262-473-0535 ahead of time, this way we can have all of the needed supplies when you come.



ST. PATRICK'S DAY PARTY: ESCAPE ROOM

Tuesday, March 17, 1:00 pm

We will celebrate St. Patrick's day with a fun escape room challenge. We have a riddle to solve in order to get the "escape code"! We will also get a chance to socialize and enjoy some St. Patrick's day food and drink.

Deadline to register: Thursday, March 12

Fee: \$3.00 member; \$8.00 non-member

MARCH GRAB AND GO KIT: EMBROIDERY FLOSS EGGS

Add some decorations to your Easter table. These eggs are a fun, easy way to add color and a little flare with little effort. Any skill level would be able to complete this craft. Supplies are available until we run out.

For this kit you will need: Scissors

Fee: free for member; \$3.00 non-members

PASSWORD MANAGERS WHAT ARE THEY AND HOW DO I USE THEM

Wednesday, March 18, 1:00 pm

Have you been trying to find a place to securely store passwords? Not sure how to make a secure password that is unique?

Riley Nevines will be joining us again to help us through what is a Password manager and how to figure out what one to use.

Deadline to register: Tuesday, March 17

TECH TUTOR

Have a new device you need help with? Or an old device you are having trouble with? We have wonderful senior volunteers that are willing to volunteer their time to help with tech support.

Contact the center by calling 262-473-0535, emailing Jennifer at JJackson@whitewater-wi.gov, or stop in person. We will then give your preferred contact information to the volunteer. They will get a hold of you and schedule a time that works best for both of you.

NEW CARDS

We have replenished our stock of cards! We have some new birthday cards, sympathy cards, anniversary cards, and more!

Stop in and see what we have. Our cards range from \$1.00- \$4.00



2026 MEDICARE UPDATES

Thursday, March 5, 1:00 pm

Welcome to 2026. With the new year we have the annual changes to Original Medicare. Did the Part B premium go up, and if so, by how much? What is the new deductible for Part A and Part B? What changes were made to Part D drug coverage? If you want to learn the answers to these questions and more come attend the Medicare Scholars presentation on the 2026 Medicare Changes. The presentation will be run by local Medicare broker Jean Linos with ePlatinumHealth.

Please RSVP to Seniors in the Park to confirm your attendance by calling 262-473-0535.



Jean Linos
Local Licensed Agent

P 262-458-2880
jlinos@myeph.com
www.eplatinumhealth.com/jlinos

PlatinumHealth
HEALTH | MEDICARE | LIFE | SUPPLEMENTAL

*I work by referral.
Please don't
keep me a secret*

We do not offer every plan available in your area. Currently we represent 4 carriers offering 24 plans in your area. Please contact Medicare.gov, 1-800-MEDICARE, or your local State Health Insurance Program (SHIP) to get information on all of your options.



“King Kong”
Tuesday, March 3, 12:30 pm
(Epic/Action/Adventure)
Rated PG-13; 3 hours (2005).

The original “Kong” opened 93 years ago on March 2, 1933, at Radio City Music Hall in New York City.

Film Critic Leonard Maltin writes “this is the rare remake that reinvents the original film while honoring it at the same time.” 2005 Oscar winner for best visual effects. Due to the length of this epic adventure (we WILL have an intermission)

“Blue Moon”
Tuesday, March 10, 1 pm
(Biography/ History/ Drama)
Rated R (language)
1 hour 40 minutes (2025).

On the evening of March 31, 1943, legendary lyricist Lorenz Hart (Ethan Hawke) Confronts his shattered self– confidence in Sardi’s bar as his former collaborator, Richard Rodgers, celebrates the opening night of his ground breaking hit musical “ Oklahoma.” Oscar nominations for best actor (Hawke) and original screenplay.”

“ Song Sung Blue”
Tuesday, March 24, 1 pm
(Biography/ Music)
Rated PG– 13
2 hours, 12 minutes (2025).

Lightning and Tunder, a Milwaukee husband and wife Neil Diamond tribute act, experience soaring success and devastating heartbreak in their musical journey together. Stars Hugh Jackman and Kate Hudson (Golden Globe and Oscar nominations for Best Actress).

“ One, Two, Three”
Tuesday, March 31, 1 pm
(Satire/ Screwball Comedy)
Rated PG– 13
1 hours, 44 minutes (1961).

Our Second annual April Fool’s Day Best Comedy Ever series continues with this Jimmy Cagney “tour de farce,” playing a frazzled Coca-Cola executive in West Berlin on the other side of the Iron Curtain in post war Germany. Stars Horst Buchholz, Pamela Tiffin, Arlene Francis and Red Buttons.

PUZZLE EXCHANGE



Thursday, March 12 & 26, 11:00 am

We pull out all of our puzzles into the main room so you can view them easily. Bring a few puzzles to exchange. If you don’t have puzzles to exchange you can still take one or two home.

SIGN LANGUAGE

Wednesday’s 10:30 am

Sign Language is a system of communication using visual gestures and signs, as used by deaf people. Learn how to communicate without speaking a word. This group meets every Wednesday to learn and practice signs.

Call 262-473-0535 with questions

STAINED GLASS



Tuesday and Wednesday, March 10 & 11, 12:30 pm, Downtown Armory Kitchen

All Levels are welcome at the class. Whether you are a seasoned glass cutter or new to this craft, you can receive one-on-one instructions and ideas.

Supplies to bring: Safety glasses, an old towel, scissors and a 100-watt soldering iron, if you have one.

Instructor is Caroline Britton.

Fee: \$20.00 members \$30.00 non-members.

Deadline to register: Thursday, March 5

Next Session: April 14 & 15



GARDEN CLUB

Tuesday, March 17, 2:00 pm

Have you heard that there’s a Golden Rule for pruning? Join us to find out and discover more - our topic for the month is “Pruning - Why, What & When”. Also, members will be reporting on their trip to the Garden & Green Living Expo.

Call 262-473-0535 for more info.



“FUN”CTIONAL FITNESS

Mondays & Thursdays, 9:30 am

Experience a dynamic routine to promote coordination, balance, strength and flexibility. All levels of ability are welcome. Class is in-person or online. Online will sign up for the month of classes, and in-person will pay as you go from your prepay.

**Daily fee is \$1.50 members
\$3.00 non-members**

VIRTUAL “FUN’CTIONAL” FITNESS



Dates: March 2-30
Fee: \$13.50 Member
\$27.00 Non-member

Deadline is , Thursday, February 23

Next session is April 2-30

TAI CHI WAKE UP

Tuesday & Thursday 8:30 am

anyone who has taken Tai Chi for Arthritis and Fall Prevention Beginner or Intermediate, through the senior center, can join virtually for a nice morning wake up.

Register ahead of time to get the link.

*** Note this is for anyone who has taken Tai Chi for Arthritis and Fall prevention already.**

YOGA WITH BRIENNE

Mondays, March 9-30, 10-11:00 am

Fridays, March 13-27, 10-11:00 am

This one hour class will focus on basic yoga postures. You will stretch, strengthen and tone your entire body. Optimal alignment, concentration and relaxation are promoted in every class. The class will be in-person at Cravath Lakefront community building or you can also join online. Everyone will get the Zoom link.

Instructor is Brienne Brown, RYT.

Monday Fee: \$20 members; \$28 non-members

Friday Fee: \$15 members; \$21 non-members

Deadline to register: Thursday, February 26



INDOOR WALKING

Wednesdays 9:30 am

Looking for something to do while the weather is crummy? Come to our indoor walking group. We will walk to “walking off the pounds” DVDs and other various indoor walking DVDs. In this group you don’t just walk around a room, you will do other exercises as well!

ACTIVITIES AT A GLANCE

Bingo—First, second & fourth Tues., 10:00 am

Book Club—First Mon., 10:00. Books available at Senior Center

Canasta—First, Third & Fifth Mon., 1:00 pm

Competitive Pickleball—Tues. & Thurs 12:30-2:30 pm, Downtown Armory Gym

“FUN”ctional Fitness (hybrid)—Mon. & Thurs., 9:30 am

Garden Club—Third Tuesday, 2:00 pm

Hand and Foot—Second & Fourth Mon., 1:00 pm

Indoor Walking—Wed., 9:30 am

Mah Jongg—Mon., 1:00 pm

Movies—Second, Fourth & Fifth Tues., 1:00 pm

Pickleball—Mon.-Fri., 8:00-11 am; Mon., Wed. & Fri., 12:30-2:30 pm., Downtown Armory Gym

Sewing Group—Fri., 10:00 am

Sign Language—Wed., 10:30 am

Warblers—Mon., 11:00 am

Yoga (Hybrid)—Monday or Friday., 10:00 am



FIRST CITIZENS STATE BANK



Kyle Kabara,
VP/Trust Officer
kkabara@firstcitizensww.com

207 West Main Street
Whitewater
(262) 473-2112

- Expert Estate Settlement
- Power of Attorney
- Asset Management
- Trust Administration

Tailored to meet your
unique needs

Personal Trust Services

Secure Your Legacy
YOUR TRUST, YOUR WAY

www.firstcitizensww.com

JM Carpets Flooring Design Center

JERRY MOOREN

107 S. Main Street
Fort Atkinson, WI 53538
(920) 563-0820
service@jmcarpets.net
www.jmcarpets.net



Serving Assisted Living Residents in
Whitewater & Surrounding Areas
262-473-2225

DOES YOUR NONPROFIT ORGANIZATION NEED A NEWSLETTER?



Engaging,
ad-supported
print and digital
newsletters to reach
your community.



Scan to
contact us!

Visit lpicomunities.com

NEVER MISS OUR NEWSLETTER!

SUBSCRIBE

Have our
newsletter
emailed
to you.



Visit
www.mycommunityonline.com

ARE YOU REACHING THE MEMBERS IN YOUR COMMUNITY?

To advertise here
visit lpicomunities.com/adcreator

AUMANN'S SERVICE INC.

Body Specialists
Quality Painting
24 Hr. Towing
122 E. Dane • (920) 674-2349
After Hours (920) 674-6164

532 W. Main St. • 262-473-4175
Visit our website: tincherrealty.com



FREE
AD DESIGN
with purchase
of this space

CALL 800-950-9952



TIME FOR SPRING CLEANING



SPRING CLEANING: DIFFERENT WAYS TO DECLUTTER YOUR SPACE

Wednesday, April 1-29, 3:00 pm

With the weather getting nicer you may start to get a feeling of wanting to clean up some of those more cluttered areas. There are many methods of decluttering, each week we will cover one of them.

Deadline to register: Tuesday, March 31

VOLUNTEER APPRECIATION: VOLUNTEERS HELP US GROW

Thursday, April 23, 1-3 pm

Our volunteers help the center grow in many ways! With our volunteers we are able to grow the center with programs, trips, and so much more. We will have entertainment, food, and great company.



Deadline to Register: Monday, April 20

FROM THE COORDINATOR



These past few weeks have flown by! We have loved every second of getting to know our little one. I am looking forward to getting back into the swing of things.

For those who haven't heard, Waylon Carter was born January, 21, at 12:48 am. He is a great sleeper and a very happy baby.

Due to Waylon's later than planned arrival. The hours will stay as they are until the 4th of March.

There is a fun baby puzzle on page 7 with the answers in the back of the newsletter.

ONLINE REGISTRATION

Bookmark/save this registration link:

<https://schedulesplus.com/wwtr/kiosk/>

The kiosk is your go-to place to register, join your activity and watch videos of classes and presentations in the On-Demand area of our Kiosk. You can also now cancel a reservation you made for an activity, that does not include payment, at the kiosk. Call or email if you need assistance with the kiosk.



WHITEWATER WARBLERS

Mondays, 11:00 am

It's a fun group of people with HUGE hearts.

Music and socializing are proven to be good for health and brain fitness, so come join us. You don't need to read music; just enjoy singing and having fun!



SEWING GROUP

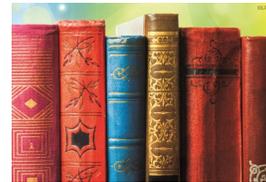
Fridays, 10:00 am-3:00 pm

Join other sewers and share ideas, get help and have fun.

Bring your machine and anything you may need. Either bring a lunch or go out with the group. Stay as long or short as you want.



BOOK WORMS



Monday, March 2, 11:00 am

The Book Club will Discuss *The Lager Queen of Minnesota* by J. Ryan Stradal. The March book is *One Summer: American, 1972* by Bill Bryson.

The summer of 1927 began with Charles Lindbergh crossing the Atlantic. Meanwhile, Babe Ruth was closing in on the home run record. In Newark, New Jersey, Alvin “Shipwreck” Kelly sat atop a flagpole for twelve days, and in Chicago, the gangster Al Capone was tightening his grip on bootlegging. The first true “talking picture,” Al Jolson’s *The Jazz Singer*, was filmed, forever changing the motion picture industry.

RECYCLING ELECTRONICS

Want to dispose of your old electronics? Seniors in the Park recycles cell phones, digital cameras, iPods and cordless phones as a fundraiser.



TOENAIL CLINIC

Tuesday, March 3 & March 24

Toenail Trimmers, LLC mission is to provide the best possible, safe, and cost-effective foot and toenail care to the general community in an accessible location. They are caring, professional Registered Nurses, trained and/or certified in Foot and Nail Care.

Please call their office to schedule an appointment at (262) 719-0336.

Cost: \$40 for the initial exam and \$37 after that. Cash or Check

To cancel appointments please call (262) 719-0336

BINGO

Tuesdays, 10:00 am

March 3: Culver's Bingo

March 10: Mulberry Glen Bingo

March 24: City Bingo



Join us for Bingo! Beverages are now available. Keep bringing your own snack. Thanks to **Culver's and Mulberry Glen** for sponsoring prizes.

City Bingo sponsors include:

- Dale's Bootery * McDonald's* Binning & Dickens Insurance ***
- Rick's * First Citizens Bank* American Family Insurance***
- Jessica's * Wal-Mart * Kwik Trip * Jersey Miek's**

Word Twist

Baby Items

The letters in these words are all twisted up. To play, unscramble the letters to reveal the correct words. **Hint:** Each puzzle has a common theme!

teltbo _____ ibb _____

acrpeiif _____ birc _____

reлтlors _____ sewip _____

paeidr _____ teratl _____

sneoie _____ ankbлte _____

EATING OUT

Meal Outings Travel Fees:
\$5.00 members
\$8.00 non-members

Lunch Bunch

Thursday, February 12, Depart at 10:30 am

For lunch we will head to Paddy Coughlin's Pub, in Fort Atkinson. Please reserve your seat by **Thursday, March 5**

Breakfast Bunch

Thursday, March 19, Depart 8:15 am

This month we will head to The Elk, in Elkhorn. Please reserve your seat by **Thursday, March 12**

Fish Fry

Friday, March 27, Depart 4:00 pm

Enjoy a fish fry at Road House, in Milton. Please reserve your seat by **Thursday, March 19**

JANESVILLE SHOPPING

Wednesday, March 4

Pick-ups begin at 9:15. Please call to reserve your spot by the Monday prior. You can choose one or two stores on the north side of Janesville to be dropped off at. Van back in Whitewater approximately 12:30 pm.

\$3.00 per person

Places that we have stopped in the past: Menards, Home Depot, Goodwill, Hobby Lobby, Kohl's, Walmart, Woodman's and other stores as well.

ROAMING COSTAL MAINE

June 14– 20, 2026

Enjoy 7 days of the beautiful coastal Maine, get a chance to get a close look at a working oyster farm and learn how to shuck an oyster. You will then get some free time in Camden to shop and eat. Visit the Portland Head Lighthouse, a lobster boat cruise, and Botanical Gardens.

Tour Rate: \$3,999 per person double; \$5,199 single; \$3,949 Per person triple.



REMINDERS

If you change your email, phone number or address, please remember to let us know. Thanks for your help.



WEST VIRGINIA RAILS & WILLIAMSBURG

September 24—October 1, 2026

Enjoy a Washington D.C. Twilight Illumination Tour of the famous monuments, board trains to see Bald Eagles and beautiful scenery. Visit Thomas Jefferson's Monticello, Yorktown Battlefield, Colonial Williamsburg and more!

Tour Rate: \$4,099 per person double ; \$5,099 Single

DISCOVER MACKINAC ISLAND

May 9-17, 2026

Enjoy this level 1, 9 day trip. Start your trip out with a tour of Chicago. You will then head to Holland Michigan, to celebrate the Tulip Time Festival. You will get a chance to enjoy Mackinac Island where you will stay at a national landmark. Take a horse drawn carriage island tour.

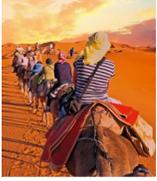
Tour Rate: \$3,999 per person double; \$4,999 single; \$3949 Per person triple.

Seniors in the Park promotes and enhances a vital aging community.

Trips & Extended Travel

9

Adults of all ages are welcome on our trips. Please call or email for a brochure or more information. Brochures are also available in the lobby of the center.



COLORS OF MOROCCO

November 5-19, 2026

Enjoy this 15-day cultural emersion trip. Take an in depth tour of Rabat, enjoy a wine paired lunch as you travel to Fes. Visit the Al-Qarawiyyin University (UNESCO), the oldest continuously operating university in the world. Take a day of leisure in Fes before making your way to a two night stay at a luxury tented camp in the desert. Take the time to ride camels to see the sunrise and learn about the traditional sub-Saharan Gnawa music. During your travels you will get a chance to visit a women's training center, this center empowers women seeking social and financial stability through culinary training.

Tour Rate: \$5,899 per person double; \$6,999 single; \$5,799 Per person triple.

SWITZERLAND & CHRISTMAS MARKETS OF THE RHINE

November 30– December 8, 2026

Spend your first night in Lucerne before boarding the MS Amara for 6 night Rhine River Cruise. The boat will stop at Strasbourg, Speyer, Rudesheim, Cochem, and Cologne for city tours, Christmas markets and some other things (like wine tasting).

Tour Rate: Depends on location on the boat



EUROPEAN CHRISTMAS MARKETS

December 12-20, 2026

Take 6 days to get into the Christmas spirit and visit Prague's Castles, Matthias church and Fisherman's Bastion. Enjoy Christmas markets in Prague, Dresden, Vienna, and Budapest.

Tour Rate: \$3,999 per person double, \$4,699 single, \$3,949 per person triple

TREASURES OF EGYPT

January 14-26, 2027

Visit the Grand Egyptian Museum in Cairo, Egypt's newest and most ambitious cultural landmark. You will get the chance to visit the Pyramids of Giza, the Great Sphinx, and enjoy a 7 night Nile River Cruise. Experience sailing in Aswana. Get a chance to either enjoy some time on your ship or join your guide for some time at a local souk (market) ending at a traditional café. End your trip back in Cairo for some free time to shop in the world famous bazaar of Khan el- Khalili.

Tour Rate: \$4,999 per person double; \$5,799 single



DISCOVER CALIFORNIA DREAMIN': MONTEREY, YOSEMITE & NAPA

April 12-19, 2027

Have a free day in Monterey before taking a 17 mile scenic drive to Carmel. Visit Yosemite National Park, Sacramento, Lake Tahoe Scenic Cruise, Napa Valley Vineyard Tour and wine Tasting and much more.

Tour Rate: \$3,999 Per person double; \$4,699 single, \$3,949 per person triple

MEMORY CAFES

A Memory Café is a place where persons with Mild Cognitive Impairment can join with their care partners to socialize and have fun with other people going through similar things.

Walworth County Memory Café

Where: Walworth County HHS building;
1910 County Road NN, Elkhorn

When: First Friday of the month from 10:30 am to 12:00 pm.

Lakeshore Memory Café

Where: 20 N Church Street, Elkhorn, WI 53121

When: Second Friday of the month from 10:30-11:30 am.

The Glacial River Memory Project will rotate between the four libraries in Fort Atkinson, Jefferson, Whitewater and Palmyra. Registration is required and can be made online at:

<https://www.librarymemoryproject.org/events/>

For questions or to register by phone, call Jill Fuller at 262-896-8085.

CAREGIVER SUPPORT GROUPS

- All are welcome, but topics will focus on adult children who are caring for a parent living with a form of dementia. Each month topics will be associated with caregiving and coping strategies, dementia care and sharing of our caregiving journey. Meets the first Monday of the month from 4:30-6:00 pm at the Matheson Library in Elkhorn.
- 3rd Wednesday of the month 10:30-11:30 am, UW-Whitewater CEC building 1260 W Main St, Whitewater. Call 262-741-3273 for respite care.
- Access to support groups is by phone or online. This is a one-stop-shop website for all caregiving support groups, virtual events, memory cafes, etc. at the wisconsin caregiver.org website.

DEMENTIA RESOURCE LIST

Email Jennifer at JJackson@whitewater-wi.gov, if you would like a copy.

ROCKIN' RESPITE VOLUNTEERS NEEDED



Do you enjoy playing games, conversing with people, and helping others? If so, check out Rockin' Respite. Spend time one-on-one with a person with mild cognitive impairment. You are welcome to drop in, see what we do, and decide if you'd like to volunteer. One of our volunteers commented, "What I like most about volunteering for Respite is knowing how much of a difference it makes, not only to those coming to Respite, but to the Caregivers."

Time commitment is the second or fourth Tuesday from 9:30 – 12:30 or 12:30 – 3:30. A short training is provided. Contact Jennifer to set up a time to check us out. (We really need some men to volunteer as we have three men currently at respite.)

WHITewater DEMENTIA FRIENDLY COMMUNITY INITIATIVE (DFCI)

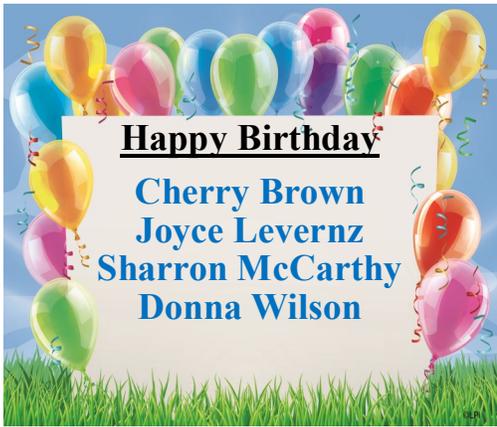
Third Monday of each month, 1:30 pm

We are working on education and training in the community, outreach and supporting caregivers. If you are interested in helping in any way or joining us, please call the center at 262-473-0535. Your caring, compassion, knowledge and skills are needed.

"Dementia doesn't rob someone of their dignity; it's our reaction to them that does."

~Teepa Snow

Everyone deserves to be treated with dignity regardless of race, color, creed, gender or disease.



NEWSLETTER SUBSCRIPTION

To have the Seniors in the Park Newsletter mailed to your home for one year, send or drop off **\$8.00** with your name and address. To receive the newsletter **FREE**, go online to wwparks.org, www.whitewater-wi.gov, click on Departments, then Seniors in the Park or MyCommunityOnline.com.

Newsletters are also available outside the Starin Park Community Building on the post by the stairs.



FIND NEWSLETTERS ONLINE

For those of you who used OurSeniorCenter.com to find our newsletter, it is NOW MyCommunityOnline.com. It includes all listings of senior centers and their newsletters that publish with LPi, the Walworth County ADRC newsletter and community and intergenerational centers, too! Just type in a zip code or name of the center.

PlatinumHealth

HEALTH | MEDICARE | LIFE | SUPPLEMENTAL

Need affordable Medicare that's in step with your life?

Choosing the right Medicare coverage can be confusing. I can help you find a plan that's right for YOU and YOUR BUDGET.



Jean Linos

Local Licensed Agent

P 262-458-2880

jlinos@myeph.com

www.eplatinumhealth.com/jlinos

I work by referral. Please don't keep me a secret

We do not offer every plan available in your area. Currently we represent 4 carriers offering 24 plans in your area. Please contact Medicare.gov, 1-800-MEDICARE, or your local State Health Insurance Program (SHIP) to get information on all of your options.

LET'S GROW YOUR BUSINESS

Advertise in our Newsletter!

CONTACT ME
Sharon Boinski

sboinski@4LPi.com

(800) 950-9952 x2978

WE'RE HIRING!

AD SALES EXECUTIVES

BE YOURSELF.
BRING YOUR PASSION.
WORK WITH PURPOSE.

- Paid training • Some travel
- Work-life balance
- Full-Time with benefits
- Serve your community



Contact us at
careers@4lpicom.com or
www.4lpicom.com/careers



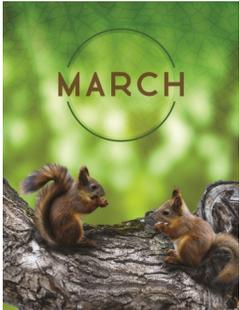
FREE
AD DESIGN

with purchase
of this space

CALL 800-950-9952

Activity Calendar

March 2026

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRI/SAT/SUN
<p>2</p> <p>8:00 Pickleball (A) 9:30 FUNfit-(H) 11:00 Warblers 11:00 Book Club 12:30 Pickleball (A) 1:00 Mah Jongg 1:00 Canasta</p> <p>Office Hours: 9 am– 1 pm</p>	<p>3</p> <p>8:00 Pickleball (A) 9:00 Toenail Clinic 10:00 Culver's Bingo 12:30 Pickleball (A) 12:30 Movie " King Kong"</p> <p>Office Hours: 9 am—1 pm</p>	<p>4</p> <p>8:00 Pickleball (A) 9:00 Healthy Brain Objective 9:15 Jville Shopping 9:30 Indoor Walking 10:30 Sign Language 12:30 Pickleball (A)</p>	<p>5</p> <p>8:00 Pickleball (A) 9:30 FUNfit (H) 12:30 Pickleball (A) 1:00 2026 Medicare Updates</p>	<p>6</p> <p>8:00 Pickleball (A) 10:30 Scholarly Scoop 11:30 Sewing 12:30 Pickleball (A)</p> <p>Office Closed</p>
<p>9</p> <p>8:00 Pickleball (A) 9:30 FUNfit-(H) 10:00 Yoga (HC) 11:00 Warblers 12:30 Pickleball (A) 1:00 Mah Jongg 1:00 Hand and Foot</p>	<p>10</p> <p>8:00 Pickleball (A) 9:30 Rockin Respite 10:00 Mulberry Bingo 12:30 Stained Glass (A) 12:30 Pickleball (A) 1:00 Movie " Blue Moon"</p>	<p>11</p> <p>8:00 Pickleball (A) 9:30 Indoor Walking 10:30 Sign Language 12:30 Stained Glass (A) 12:30 Pickleball (A)</p>	<p>12</p> <p>8:00 Pickleball (A) 9:30 FUNfit (H) 10:30 Lunch Bunch 11:00 Puzzle Exchange 12:30 Pickleball (A)</p>	<p>13</p> <p>8:00 Pickleball (A) 10:00 Sewing 10:00 Yoga (HC) 12:30 Pickleball (A)</p> <p>Office Closed</p>
<p>16</p> <p>8:00 Pickleball 9:30 FUNfit-(H) 10:00 Yoga (HC) 11:00 Warblers 12:30 Pickleball (A) 1:00 Mah Jongg 1:00 Canasta</p>	<p>17</p> <p>8:00 Pickleball (A) 12:30 Pickleball (A) 1:00 St. Patrick's Day Party 2:00 Garden Club</p> 	<p>18</p> <p>8:00 Pickleball (A) 8:30 Indoor Walking 10:30 Sign Language 12:30 Pickleball (A) 1:00 Password Manager Presentation</p>	<p>19</p> <p>8:00 Pickleball (A) 8:15 Breakfast Bunch 9:30 FUNfit (H) 12:30 Pickleball (A)</p>	<p>20</p> <p>8:00 Pickleball 10:00 Sewing 10:00 Yoga (HC) 12:30 Pickleball</p> <p>Office Closed</p>
<p>23</p> <p>8:00 Pickleball (A) 9:30 FUNfit-(H) 10:00 Yoga (HC) 11:00 Warblers 12:30 Pickleball (A) 1:00 Mah Jongg 1:00 Hand and Foot</p>	<p>24</p> <p>8:00 Pickleball (A) 9:00 Toenail Clinic 9:30 Rockin Respite 10:00 City Bingo 12:30 Pickleball (A) 1:00 Movie "Song Sung Blue"</p>	<p>25</p> <p>8:00 Pickleball (A) 9:30 Indoor Walking 10:30 Sign Language 12:30 Pickleball (A)</p>	<p>26</p> <p>8:00 Pickleball (A) 9:30 FUNfit (H) 11:00 Puzzle Exchange 12:30 Pickleball (A)</p>	<p>27</p> <p>8:00 Pickleball (A) 10:00 Sewing 10:00 Yoga (HC) 12:30 Pickleball (A) 4:00 Fish Fry</p> <p>Office Closed</p>
<p>30</p> <p>8:00 Pickleball (A) 9:30 FUNfit-(H) 10:00 Yoga (HC) 11:00 Warblers 12:30 Pickleball (A) 1:00 Mah Jongg 1:00 Canasta</p>	<p>31</p> <p>8:00 Pickleball (A) 12:30 Pickleball (A) 1:00 Movie "One, Two, Three"</p>	<p>Key for where activities are planned</p> <p>A = Downtown Armory C = Cravath Lakefront H = Hybrid (In Person & Virtual) V = Virtual</p>		

WALWORTH COUNTY NUTRITION SITE

Persons 60 and over and spouse, regardless of age, are eligible to participate. The suggested donation is \$6.00, but you may donate what you can. Those unable to contribute are still welcome at the site. Call 1-262-741-3333 to make a reservation by noon, one business day in advance or a cancellation. Reservations are required. **Call 1-262-741-3333 to CANCEL your meal no later than 8:00 am day of your reservation.** Please leave your name and dining center when calling. Meal is at Brookdale Manor Monday thru Friday, serving at 11:30 am.

MEALS ON WHEELS:

For information on or to order meals, contact Marguerite Willman, 708-822-0539. Meals only delivered in the city.

WHITEWATER FOOD PANTRY:

At the Downtown Armory, 146 W. North St, Open Wednesdays and Thursdays, 8:30 am-11:30 am.

THE COMMUNITY SPACE:

Still distributing food Tuesdays, 8:30-11 am, Wednesdays, 3:30-7 pm, and Saturdays, 8:30 am-11:45 am.

FOODSHARE WISCONSIN

You may be eligible for FoodShare. Is money tight? FoodShare Wisconsin and the QUEST Card can help you through rough patches by providing money for groceries until you get back on your feet. The QUEST Card is accepted at most grocery stores in Wisconsin. The FoodShare Helpline wants to make applying for FoodShare as simple and stress-free as possible. They offer free help with the FoodShare application, either in person or over the phone. Call the FoodShare Helpline at 1-877-366-3635 or visit <https://www.getaquestcard.org/help-with-applications> to get started!



HARD ROCK
SAWING & DRILLING SPECIALIST CO.
CONCRETE • ASPHALT • MASONRY
ELKHORN MADISON KESHENA
262-723-3333 715-799-3823
608-250-5005

BANCO INSURANCE AGENCY
Complete Insurance Services
Automobile ~ Home ~ Farm
Health ~ Business

Two Convenient Locations:
207 W Main Street, Whitewater ~ (262) 473-7334
KReed@firstcitizensww.com

111E Main Street, Palmyra ~ (262) 495-2118 Lori Garlock
lori@bancoinsurance.com

www.bancoinsurance.com
Serving Our Community Since 1984



Arrangements
ARE ALWAYS EASIER IN ADVANCE

Making your funeral arrangements in advance ensures that your loved ones avoid stress later. It's easy to do, and we're here to help at Nitardy Funeral Homes.

By choosing your desires and preferences for your funeral or cremation service ahead of time, you help ensure that your family and friends avoid stress. That way, when the time comes, they can focus on what truly matters: celebrating your life.

	1008 Madison Ave. Fort Atkinson, WI 53538 920-563-5898	208 N. Park Street Cambridge, WI 53523 608-423-3414	550 N. Newcomb Street Whitewater, WI 53190 262-472-9118
---	---	--	--

NitardyFuneralHome.com

ADT-Monitored Home Security

Get 24-Hour Protection
From a Name You Can Trust

- Burglary
- Flood Detection
- Fire Safety
- Carbon Monoxide




833-287-3502

ADT Authorized Provider SafeStreets



Rainbow
Community Care
At your side with compassion,
commitment and comfort

RainbowCommunityCare.org (920) 674-6255



VOLUNTEERS NEEDED

The DFCI

meets on the Third Monday at 1:30 pm at the Starin Park Community Building. We plan and work on community education and awareness and caregiver support. If you could spare a couple of hours a month to help us make Whitewater Dementia Friendly, we would love to have you join us.

Whitewater Arts Alliance is looking for docents/receptionists to keep their doors open Thurs.–Sun., 12-4 pm. They have two shifts each day 12-2 pm and 2-4 pm. Contact Kim Adams by email wwartsalliance@gmail.com if interested or have questions. Other opportunities may be Event assistance, program distribution, and bakers.

Rainbow Hospice Care Inpatient Center has volunteer opportunities: Office or administrative work, reception duties, patient helper, including serving meals and Vigil Volunteers. They also are looking for volunteers for nights and weekends. With any questions, please call Jill Radke at 920-674-6255.

WHITEWATER COLLECTS

Sunday, March 15, 1-4 pm, Cravath lakefront Community Building

The Whitewater Historical Society is hosting their 12th annual White-water Collects. Doors open at 1 pm on March 15. Enjoy a variety of collections that the community has. This event is free and open to the public.

Free professional estimates of value of your antique item(s) by noted auctioneer, Carol Miller, owner of Baileys Honor Auction and Estate Services, LLC. Limit of 2 items.

To reserve a display table for your collection, or to learn more, contact Jan Goder at Jgoder1976@gmail.com or 262-949-0644.

ROCKIN' RESPITE VOLUNTEERS NEEDED

Do you enjoy playing games, conversing with people, and helping others? If so, check out Rockin' Respite. Spend time one-on-one with a person with mild cognitive impairment. You are welcome to drop in, see what we do, and decide if you'd like to volunteer. Time commitment is the second or fourth Tuesday from 9:30 – 12:30 or 12:30 – 3:30. A short training is provided. Contact Jennifer to set up a time to check us out. (We really need some men to volunteer as we have three men currently at respite.)



THERMOSTAT

The thermostat is set at a consistent temperature. Please bring a sweater or extra layer, if you think you will need it.



OTHER SERVICES

- Free wifi access
- A document shredder is available (1-inch stack of documents or less to shred)
- There are books, magazines and puzzles available to borrow FREE from our library
- Newcomer tours are offered by appointment.

PLACES TO FIND OUR NEWSLETTERS

Looking for the newsletter in person? Below are some places that also have them:

- Aquatic Center
- Associated Bank
- Blackhawk Apartments
- Book Teller
- Brookdale Apartments
- Center Street Café
- Culver's
- Dale's Bootery
- Downtown Whitewater
- Fairhaven
- First Citizens Bank
- Fort Community Credit Union– Whitewater Branch
- Jessica's Restaurant
- Library
- Mulberry Glen Apartments
- Municipal Building
- Prairie Village
- Premier Bank
- Robin's Nest
- Roots Hair Studio
- Studio 154 Main St.
- Whitewater Woods Apartments

FAIRHAVEN LECTURE SERIES

Mondays, 3:00 pm, Olm Fellowship Hall of Fairhaven Senior Services (starting in March)

At the University of Wisconsin-Whitewater, our story is shaped by our people. In Our Stories, Our Future series, we share some of the stories of our people – student experiences, faculty expertise, historical and contemporary, unique and bold. We come together to celebrate our collective Warhawk story by building on the university’s future. It’s a bright narrative with plenty of pages yet to be written. This spring we come together with the UWW Foundation on their campaign for the future, and present our talented faculty, staff and students as they share their experiences on campus and off. Join us, won’t you?

Lectures are held on Mondays at 3 p.m. in Olm Fellowship Hall of Fairhaven Senior Services, 435 West Starin Road, Whitewater. All lectures are free and open to the public.

First lecture is March 9, 2026

SENIORS IN THE PARK COMMUNICATION

Most of our communication is through email. Please check your **junk/spam** mail and add:

wwtr@schedulesplus.com to your safe-sender list. SchedulesPlus is the software program we use at the center for checking in, registering you for classes and events and taking payments.



FRIEND US ON FACEBOOK!

- ⇒ Whitewater Dementia Friendly
- ⇒ Whitewater Parks and Recreation
- ⇒ Whitewater Aquatic & Fitness Center
- ⇒ City of Whitewater



Word Twist Answers

Bottle
Pacifier
Stroller

Diaper
Onesie
Bib

Crib
Wipes
Rattle

Blanket

©LPI

Advertiser of the Month



My Choice Wisconsin is a managed care organization that serves government-funded programs to seniors and adults with disabilities in over 50 Wisconsin counties.

Visit us today:
mychoicewi.org/LPI
1-800-963-0035

For more information on your long-term care options, contact your local ADRC.

DHS Approved 4/22/2021

Please cut out this “Thank You Coupon” and present it the next time you *Patronize one of our Advertisers/Supporters*



for Advertising with Seniors in the Park

I am patronizing your business because of it!

Seniors in the Park

PO Box 178
Whitewater WI 53190



Accredited by the
Wisconsin Assoc.
of Senior Centers

MEMBER:

Wis. Association of Senior Centers.
Wis. Parks & Recreation Assn.
National Council on Aging
Nat'l Institute of Senior Centers

SENIORS IN THE PARK

504 W Starin Rd, PO Box 178
Whitewater WI 53190

Phone 262-473-0535

Hours Monday, Tuesday,
Wednesday, Thursday
9:00 am—3:00 pm
Closed Fridays

Senior Coordinator

Jennifer Jackson
jjackson@whitewater-wi.gov

Front Desk

Debbie Andrus

Parks & Recreation Director

Kevin Boehm

Websites: schedulesplus.com/wwtr
www.wwparks.org
www.whitewater-wi.gov

*Seniors in the Park is a division of
Whitewater Parks and Recreation*



WELCOME TO MEDICARE WORKSHOPS

Walworth County ADRC: Held at Walworth County Room at Walworth County Health and Human Services, 1910 County Rd NN, Elkhorn.

March 12, 2026 6:00—7:30 pm

April 30, 2026 1:00– 2:30 pm

Jefferson County ADRC: Held at the ADRC 1541 Annex Rd, Jefferson. Unless specified below.

Monday, March 9th @ Jefferson Senior Center 10:00am-12:00pm

Thursday, April 23rd 2:00pm-4:00pm

Monday, May 18th @ Fort Atkinson Senior Center 12:30pm-2:30pm

Tuesday, June 23rd 10:00am-12:00pm

Friday, July 17th 2:00pm-4:00pm