



# The Park Bench

**July 2025**

*Seniors in the Park Newsletter*

## **FOURTH OF JULY PARADE**

**Friday, July 4, 10:00 am**

We are going to be driving our senior van through the parade! That way we can be comfortable as we promote the senior center. We will have a recording of the Warblers singing and have a festive decorated Van. If you would like to ride in the van please let us know. We will pick up at Starin Park at around 6:30/7:00 am and head over to get a spot.

**Deadline to register:** Tuesday, July 2



## **SUMMER PICNIC AND CAR SHOW**

**Wednesday, July 9, 11:30-1:00**

We will enjoy another wonderful summer with our picnic and car show. Your choice of meat will be:

- Burger
- Hotdog
- Brat

We will also have potato salad, baked beans, and an ice-cream dessert!

**Deadline to register:** Tuesday, July 1

**Fee: \$10 member; \$15 non-member**

If you are planning to bring a car please let us know along with your meat choice by July 1. **Drivers eat for free!**



**Volume XXVI Issue 7**

## **WHAT'S INSIDE**

2-4, 6-7..... *Activities*

5, 11, 13....*Support Our Sponsors & Meal Info*

8-9...*Van, Extended Travel*

10 .....*Dementia & Support*

8, 11, 14-15 ...*Information*

12 ..... *Calendar*

14 ..... *Volunteers*

Back ..... ADDRESS, *Phone Numbers, Staff*

**Seniors in the Park promotes and enhances a vital aging community.**

## ONLINE REGISTRATION



**Bookmark/save this  
registration link:**

[https://schedulesplus.com/  
wwtr/kiosk/](https://schedulesplus.com/wwtr/kiosk/)

The kiosk is your go-to place to register, join your activity and watch videos of classes and presentations in the On-Demand area of our Kiosk. You can also now cancel a reservation you made for an activity, that does not include payment, at the kiosk. Call or email if you need assistance with the kiosk.

## SENIOR FORUM

**Monday, July 14, 12:00 pm**

This meeting we will be deciding the new date and time of our senior forum in hopes to get more individuals to attend

## REMINDERS

**If you change your email,  
phone number or address,  
please remember to let us  
know. Thanks for your help.**

## LEARN MAH JONGG

**Mondays at 1:00 pm**

Interested in learning how to play Mah Jongg? Our group of Mah Jongg players would love to help you learn how to play! If you are interested please call 262-473-0535 ahead of time, this way we can have all of the needed supplies when you come.



## STAINED GLASS

**Tuesday and Wednesday, July 15 & 16 , 12:30 pm,  
Downtown Armory Kitchen**

All Levels are welcome at the class. Whether you are a seasoned glass cutter or new to this craft, you can receive one-on-one instructions and ideas.

Supplies to bring: Safety glasses, an old towel, scissors and a 100-watt soldering iron, if you have one.

Instructor is Caroline Britton.

**Fee:** \$20.00 members \$30.00 non-members.

**Deadline to register:** Thursday, July 10

**Nest Session:** August 5 & 6



## CONCERTS IN THE PARK

**Tuesday, July 15, 6:00 pm– 7:00 pm**

Seniors in the Park is sponsoring the first concert of the summer! These concerts are free and open to all that would like to attend.

Bonzo Squad is an instrumental jazz ensemble based in Chicago IL, with a focus on presenting fun, eclectic music with a high level of musicianship. The group consists of Bonzo himself, born Corbin Andrick, who plays the flute and the saxophones. Completing the line up are Andrew Lawrence on keyboards, Andrew Vogt on bass, and Zack Marks on drum set. The band formed in 2014 through playing a weekly residency at Lilly's in Chicago.

Take a peak at the back page for more Concerts in the Park information.



## BINGO

**Tuesdays, 10:00 am**

**July 1: Culver's Bingo**

**July 8: Mulberry Glen Bingo**

**July 22: City Bingo**

Join us for Bingo! Beverages are now available. Keep bringing your own snack. Thanks to **Culver's and Mulberry Glen** for sponsoring prizes.

**City Bingo sponsors include:**

**Dale's Bootery \* McDonald's\* Binning & Dickens Insurance \*  
Rick's \* First Citizens Bank\*  
Jessica's \* Wal-Mart \* Kwik Trip**





**“My Old Ass”**

**Tuesday, July 8, 1 pm**  
**(Coming of Age/Comedy/Drama)**  
**Rated R (language). 1 hour, 29 minutes**  
**(2024).**

An 18th birthday mushroom trip brings free spirited Elliott face to face with her wise cracking 39 year old self. But, when Elliott’s “old ass” starts handing out warnings about what her younger self should and shouldn’t be doing, she realizes she has to rethink everything about her family, life, and love during this transformational summer.

**“Flow”**

**Wednesday, July 16, 1 pm**  
**(Animated film/Family/Adventure)**  
**Rated PG; 1 hour, 25 minutes. (2024).**

Golden Globe and Oscar winner for Best Animated Film. Latvian: **no narration!** It plays like a silent movie. You must pay attention to the entire film! In a post-human world, animals lead the way. Engrossing. Haunting. Beautiful.

**“Last Breath”**

**Tuesday, July 22, 1 pm**  
**(Adventure/Thriller/True Story)**  
**Rated PG-13. 1 hour, 33 minutes (2025).**

A true story: North Sea deep-sea communication divers battle the raging sea to rescue their crew mate trapped on the ocean’s bottom with oxygen and time running out. Gripping. Breathtaking. Edge of your seat! Filmed on location. Stars Woody Harrelson.

**“Black Bag”**

**Tuesday, July 29, 1 pm**  
**(Spy thriller/Mystery/Romance)**  
**Rated R (language). 1 hour, 33 minutes**  
**(2025).**

The tale of a British spy (Michael Fassbender) who must ferret out a traitor in their midst amongst five potential suspects... one of which is his wife (Cate Blanchett). Also stars Pierce Brosnan. An erudite, clever, well-acted cat-and-mouse cloak-and-dagger spy mystery!

## AARP SMART DRIVER CLASS

**Wednesday, July 23, 12:30-4:30 pm**



The AARP Smart Driver Safety Program is an updated four-hour classroom course. It is research-based to help older drivers become more aware of changes that occur due to aging and how to adjust accordingly. The course covers: Defensive driving techniques, New laws and rules of the road; How to deal with aggressive drivers; How medications may affect driving; How to safely use anti-lock brakes, air bags and safety belts and Navigating roundabouts. Please arrive 15 minutes early to fill out a form, show your AARP card and pay the fee.

**Fee:** \$20 AARP members; \$25 for nonmembers

**Bring your AARP member card to receive the discount.** You may also be eligible to receive an insurance discount, consult your agent for details.

**Deadline to register:** Thursday, July 17

## GARDEN CLUB



**Tuesday, July 15, 2:00 pm**

Do you have any tried and true methods to fight off common garden pests? Join us as we compare notes and learn new strategies. We had a great visit to Edgerton Hospital Healing Garden—highly recommended!



Our plant sale was successful and looking forward to adding new features to our Wisconsin Native and Perennial beds at Starin Park Community building. Stop by and see what’s

blooming by the back patio! Join us and adopt a plant or two to care for!



Call 262-473-0535 for more info



## COFFEE HOUR

**Tuesday, July 15, 10:30 am**

Come enjoy some fun conversation while eating some delicious treats and drinking coffee. Coffee hour is sponsored by Frontida Assisted Living.

If you don’t drink coffee we have tea, hot chocolate, and water as well!

Please call 262-473-0535 to register in advance so we know how many treats to have.



## “FUN”CTIONAL FITNESS

**Mondays & Thursdays, 9:30 am**

Experience a dynamic routine to promote coordination, balance, strength and flexibility. All levels of ability are welcome. Class is in-person or online. Online will sign up for the month of classes, and in-person will pay as you go from your prepay.

**Daily fee is \$1.50 members  
\$3.00 non-members**

## VIRTUAL “FUN’CTIONAL” FITNESS



Dates: July 3-July 31

Fee: \$13.50 Member  
\$27.00 Non-member

**Deadline is Wednesday, July 2**

Next session is August 4-28



## INDOOR WALKING

**Wednesdays & Fridays 10:00 am**

Looking for something to do while the weather is crummy? Come to our indoor walking group. We will walk to “walking off the pounds” DVDs.

## YOGA WITH BRIENNE

**Mondays, July 7– July 28, 10-11:00 am**

**Friday, July 11– Friday, July 25, 10-11:00 am**

This one hour class will focus on basic yoga postures. You will stretch, strengthen and tone your entire body. Optimal alignment, concentration and relaxation are promoted in every class. The class will be in-person at Cravath Lakefront community building or you can also join online. Everyone will get the Zoom link.

Instructor is Brienne Brown, RYT

**Monday fee:** \$20 members; \$28 non-members

**Friday fee:** \$15 members; \$21 non-members

**Deadline to register:** Thursday, July 3



## WALKING CHALLENGE: HOW FAR CAN WE GO

**June 1 – August 31**

Get out your walking shoes and step counters! To participate:

- Keep track of your steps for the month
- Call 262-473-0535 to report your steps each month ( or email JJackson@whitewater-wi.gov)
- At the end we will find out where we can travel to with all of our steps.
- Each month you submit your steps you will be entered to win a prize . Winners will be picked after September 1.

Call 262-473-0535 with any questions. We have a step tracker sheet if you would like to use that.

## PICKLEBALL TIME CHANGE

With summer upon us this means that summer camp is back! Our pickleball schedule will be changing from July 7– August 29. Morning pickleball will be from 8 am– 10 am and afternoon pickleball will be 1-3 pm.

## HIKES WITH GINNY

**Thursday, July 3 , 9:00 am**

Celebrate the Fourth of July with the monthly hike for seniors on Thursday, July 3. Flags optional! We will visit the Nordic trails on Co. Hwy. U north of LaGrange. Meet at 9 a.m. in the SITP parking lot and we will carpool to the trail head. We plan to return to SITP about 11:30. Please register in advance and bring a hat, water bottle, insect protection and dress for the weather. Call Ginny at 262-473-3953 or Seniors in the Park at 262-473-0535.

**Deadline to Register:** Tuesday, July 1



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DHS Approved 4/22/2021



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## INTERNATIONAL BEER DAY CELEBRATION



**Friday, August 1, 1:00 pm**

To celebrate this day we will be showing the Greatest Beer Run Ever!

(Adventure/War Drama/True Story)

Rated R(language); 2 hours, 6 minutes (2022).

Join us Friday afternoon, August 1 at 1 pm to celebrate International Beer Day worldwide!

An anonymous donor will provide the PBR and pretzels!! This is a true story of a friend who delivers beer to his buddies in combat during the VietNam War. Yes, it really did happen!! Stars Zac Efron, Russell Crowe, and Bill Murray.

If you don't like PBR bring some beer whether it is just for yourself or to share as we watch a great movie and enjoy! You do not have to drink beer to join in the celebration!

## BEGINNER WATER COLOR CLASS



**Thursdays, August 21, 28, and September 4, 1-3 pm**

This watercolor class with Rita Carpenter will focus on beginning painting techniques on watercolor paper. She will also briefly cover basics of paper, brushes, and supplies. Attendees are always encouraged to paint from personal photos, sketches or ideas. Rita Carpenter is a Janesville, WI artist who has been painting with watercolors for around 10 years. She started a business called Art on the Fly. She leads small groups to Europe to paint, learn about a new culture and to have fun.

**supplies:** 2 plastic water containers, paper towel, table cover, watercolor paper, round brush #8, 2" wash brush, red, yellow, blue watercolor paint. Foam core board 18"x 24". \*\*\*\*\*DO NOT buy anything new. Bring what you have as we will discuss the differences in products.

**Minimum** – 6 people **Maximum** – 12 people

**Fee:** \$20 per class or \$50 for all 3 classes

If the 6 person minimum is met, walk-ins may attend. Please call ahead to make sure the class minimum has been met.

Rita also will offer a beginning watercolor kit for \$40.

Contact [artonthefly2018@gmail.com](mailto:artonthefly2018@gmail.com) for additional information.

## FROM THE COORDINATOR

We have had some fun and exciting things happen so far this year! It is hard to believe that we are halfway through 2025 already! In only 6 months we will be in 2026.

Some of you know how often our family farm gets new little additions to it and mainly in the spring time. This coming year our farm will be gaining another little addition, but, this one will be coming shortly after the first of the year!

## WHITEWATER WARBLERS

**Mondays, 11:00 am**

It's a fun group of people with HUGE hearts.

Music and socializing are proven to be good for health and brain fitness, so come join us. You don't need to read music; just enjoy singing and having fun!



## SEWING GROUP

**Fridays, 10:00 am-3:00 pm**

Join other sewers and share ideas, get help and have fun.

Bring your machine and anything you may need. Either bring a lunch or go out with the group. Stay as long or short as you want.



## BOOK WORMS



**Monday, July 7, 11:00 am**

The Book Club will Discuss *Take my Hand* by Dolen Perkins-Valdez. The July book will be *The Demon of Unrest* by Erik Larson.

On November 6, 1860, Abraham Lincoln became the fluky victor in a tight race for president. The country was bitterly at odds; Southern extremists were moving ever closer to destroying the Union, with one state after another seceding and Lincoln powerless to stop them. Slavery fueled the conflict, but somehow the passions of North and South came to focus on a lonely federal fortress in Charleston Harbor: Fort Sumter

Master storyteller Erik Larson offers a gripping account of the chaotic months between Lincoln's election and the Confederacy's shelling of Sumter—a period marked by tragic errors and miscommunications, enflamed egos and craven ambitions, personal tragedies and betrayals. Lincoln himself wrote that the trials of these five months were “so great that, could I have anticipated them, I would not have believed it possible to survive them.”

At the heart of this suspense-filled narrative are Major Robert Anderson, Sumter's commander and a former slave owner sympathetic to the South but loyal to the Union; Edmund Ruffin, a vain and bloodthirsty radical who stirs secessionist ardor at every opportunity; and Mary Boykin Chesnut, wife of a prominent planter, conflicted over both marriage and slavery and seeing parallels between them. In the middle of it all is the overwhelmed Lincoln, battling with his duplicitous secretary of state, William Seward, as he tries desperately to avert a war that he fears is inevitable—one that will eventually kill 750,000 Americans.

## RECYCLING ELECTRONICS

Want to dispose of your old electronics? Seniors in the Park recycles cell phones, digital cameras, iPods and cordless phones as a fundraiser.



## TOENAIL CLINIC

**Tuesday, July 1 & Tuesday, July 22**

Toenail Trimmers, LLC mission is to provide the best possible, safe, and cost-effective foot and toenail care to the general community in an accessible location. They are caring, professional Registered Nurses, trained and/or certified in Foot and Nail Care.

**Please call their office to schedule an appointment at (262) 719-0336.**

**Cost: \$35.00 Cash or Check**

**To cancel appointments please call (262) 719-0336**

## UKULELE GROUP

We are looking to see if anyone has interest in joining a Ukulele group. This group would get together to play and learn about the ukulele.

If you are interested please contact the center at 262-473-0535 or email Jennifer at [JJackson@whitewater-wi.gov](mailto:JJackson@whitewater-wi.gov). Once we get a group that is interested we will find a time that works best.

## ACTIVITIES AT A GLANCE

**Bingo**—First, second & fourth Tues., 10:00 am

**Book Club**—First Mon., 10:00. Books available at Senior Center

**Canasta**—First, Third & Fifth Mon., 1:00 pm

**Competitive Pickleball**—Tues. & Thurs., summer hours: 1-3 pm, Downtown Armory Gym

**“FUN”ctional Fitness (hybrid)**—Mon. & Thurs., 9:30 am

**Garden Club**—Third Tuesday, 2:00 pm

**Hand and Foot**—Second & Fourth Mon., 1:00 pm

**Indoor Walking**—Wed. & Fri., 10:00 am

**Mah Jongg**—Mon., 1:00 pm

**Movies**—Second, Fourth & Fifth Tues., 1:00 pm

**Pickleball**—Summer hours: Mon.-Fri., 8:00-10 am; Mon., Wed. & Fri., 1-3 pm., Downtown Armory Gym

**Sewing Group**—Fri., 10:00 am

**Sign Language**—Wed., 10:30 am

**Warblers**—Mon., 11:00 am



## EATING OUT

Meal Outings Travel Fees:  
\$5.00 members  
\$8.00 non-members

### Lunch Bunch

Thursday, July 10, Depart at 10:30 am

For lunch we will head to The Hen House Cafe, in Eagle. Please reserve your seat by **Thursday, July 3.**

### Breakfast Bunch

Thursday, July 17, Depart 8:15 am

This month we will try Eggxcellent Cafe, in East Troy. Please reserve your seat by **Thursday, July 10**

### Fish Fry

Friday, July 25, Depart 3:30 pm

Enjoy a fish fry at Stagecoach Inn, in Fort Atkinson. Please reserve your seat by **Thursday, July 17.**

## NEW GLARUS BLUES, BREWS & FOOD TRUCK FESTIVAL

Saturday, July 19, 10:00 am

The 7th annual Blues, Brews & Food Trucks Festival is returning to New Glarus! Local beers and lots of food trucks to pick from will create a great day out.

**Fee:** \$10.00 member; \$17.00 non-member

**Deadline to register:** Monday, July 14

**Bring a lawn chair as seating may be limited**

## STATE FAIR

Thursday, July 31, 9:00 am

Enjoy a day of fun, food, entertainment, animals, shopping, cream puffs and more at the Wisconsin Sate Fair. Entrance fee, on your own, is \$15 for seniors (\$60 & over) and \$20 for adults ( 12 & Over). Discount ticket details to come closer to the event date.

**Fee:** \$12 (transportation/ Parking/ driver)

Depart Starin Park at 9:00 am; Return approx. 4:30 pm

**Deadline to Register :** Thursday, July 24

## ROSE PARADE NEW YEAR'S

December 30, 2025– January 4, 2026

Spend 5 nights at the Hilton Orange County/Costa Mesa, Costa Mesa. You will have reserved seating for the group at the Rose Parade along with the tour of the floats afterwards. Visit Rodeo Drive, Lunch at Lawry's in Beverly Hills and the Hollywood Walk of Fame!

**Tour Rate:** \$3,999 per person double; \$4,799 single

## JANESVILLE SHOPPING

Wednesday, July 2

Pick-ups begin at 9:15. Please call to reserve your spot by the Monday prior. You can choose one or two stores on the north side of Janesville to be dropped off at. Van back in Whitewater approximately 12:30 pm.

**\$3.00 per person**

Places that we have stopped in the past: Menards, Home Depot, Goodwill, Hobby Lobby, Kohl's, Walmart, Woodman's and other stores as well.

## TRAVEL PREVIEW

Monday, July 7, 9:00 am

The representative from Collette will be here to preview Classic Greece and Mackinac Island trip.

**Deadline to register:** Thursday, July 3

## CAPE COD & THE ISLANDS



September 6-12, 2025

Spend 5 nights in Cape Cod. Enjoy Martha's Vineyard tour, Nantucket Island visit, Plymouth Rock, a New England Lobster dinner and much more!

**Tour Rates:** \$3,475 per person double; \$4,350 single



# Trips & Extended Travel

9

Adults of all ages are welcome on our trips. Please call or email for a brochure or more information. Brochures are also available in the lobby of the center.

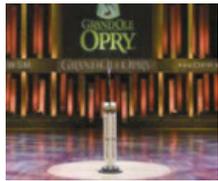
## CANADIAN ROCKIES VIA RAIL



September 10-17, 2025

Spend 2 days and 1 night aboard Via Rail The Canadian in sleeper plus class. Experience three Canadian National Parks. Enjoy a scenic trip as you travel from town to town.

**Tour Rate:** \$5,625 per person double; \$6,925 Single



## MUSIC CITIES CHRISTMAS

December 2-7, 2025

In 6 days visit Branson, Memphis, and Nashville. You will get a city tour of each town, tour Elvis Presley's famous Graceland and the Grand Old Opry. One of the evenings you will enjoy a Holiday dinner and a show.

**Tour Rate:** \$3,399 per person double; \$4,124 single

## CLASSIC GREECE



February 8-18, 2026

Start your trip in Athens with a panoramic tour of the highlights in Athens. Ascend the steep hill of the Acropolis, Greek for "high city". Travel through central Greece to Thermopylae and enjoy a family owned taverna and savor a delicious meal. Visit Olympia and the sanctuary of Zeus. While you're in Greece also enjoy Greek dance classes, cooking classes and farm visits.

**Tour Rates:** \$3,799 per person double; \$4,499 single; \$3,749 per person triple.



## NEW ZEALAND AND AUSTRALIA—NORWEGIAN CRUISE LINE

January 26– February 9, 2026

Visit 5 ports in New Zealand and 4 ports in Australia. Experience incredible landscapes, diverse wildlife and rich cultures! You will get a chance to visit Melbourne, Australia Wellington, New Zealand, Burnie (Tasmania) Australia and many more.

**Tour Rates:** Price varies on where you would like your cabin to be

## DISCOVER MACKINAC ISLAND

May 9-17, 2026

Enjoy this level 1, 9 day trip. Start your trip out with a tour of Chicago. You will then head to Holland Michigan, to celebrate the Tulip Time Festival. You will get a chance to enjoy Mackinac Island where you will stay at a national landmark. Take a horse drawn carriage island tour.

**Tour Rate:** \$3,999 per person double; \$4,999 single; \$3949 Per person triple.

## MEMORY CAFES

A Memory Café is a place where persons with Mild Cognitive Impairment can join with their care partners to socialize and have fun with other people going through similar things.

### Walworth County Memory Café

Where: Walworth County HHS building;  
1910 County Road NN, Elkhorn

When: First Friday of the month from 10:30 am to 12:00 pm. Next meeting is on December 1.

### Lakeshore Memory Café

Where: Matheson Memorial Library  
101 N. Wisconsin Street, Elkhorn

When: Second Friday of the month from 10:30-11:30 am. Next meeting is on December 13.

**The Glacial River Memory Project** will rotate between the four libraries in Fort Atkinson, Jefferson, Whitewater and Palmyra. Registration is required and can be made online at:

<https://www.librarymemoryproject.org/events/>

For questions or to register by phone, call Jill Fuller at 262-896-8085.

## CAREGIVER SUPPORT GROUPS

- All are welcome, but topics will focus on adult children who are caring for a parent living with a form of dementia. Each month topics will be associated with caregiving and coping strategies, dementia care and sharing of our caregiving journey. Meets the first Monday of the month from 4:30-6:00 pm at the Matheson Library in Elkhorn.
- Access to support groups is by phone or online. This is a one-stop-shop website for all caregiving support groups, virtual events, memory cafes, etc. at the [wisconsin caregiver.org](http://wisconsin caregiver.org) website.

## DEMENTIA RESOURCE LIST

Email Jennifer at [JJackson@whitewater-wi.gov](mailto:JJackson@whitewater-wi.gov), if you would like a copy.

## WHITEWATER DEMENTIA FRIENDLY COMMUNITY INITIATIVE (DFCI)

**Third Monday of each month, 1:30 pm**

We are working on education and training in the community, outreach and supporting caregivers. If you are interested in helping in any way or joining us, please call the center at 262-473-0535. Your caring, compassion, knowledge and skills are needed.

## ROCKIN' RESPITE VOLUNTEERS NEEDED



Do you enjoy playing games, conversing with people, and helping others? If so, check out Rockin' Respite. Spend time one-on-one with a person with mild cognitive impairment. You are welcome to drop in, see what we do, and decide if you'd like to volunteer. One of our volunteers commented, "What I like most about volunteering for Respite is knowing how much of a difference it makes, not only to those coming to Respite, but to the Caregivers."

Time commitment is the second or fourth Tuesday from 9:30 – 12:30 or 12:30 – 3:30. A short training is provided. Contact Jennifer to set up a time to check us out. (We really need some men to volunteer as we have three men currently at respite.)

## DEMENTIA CAREGIVER SUPPORT GROUP

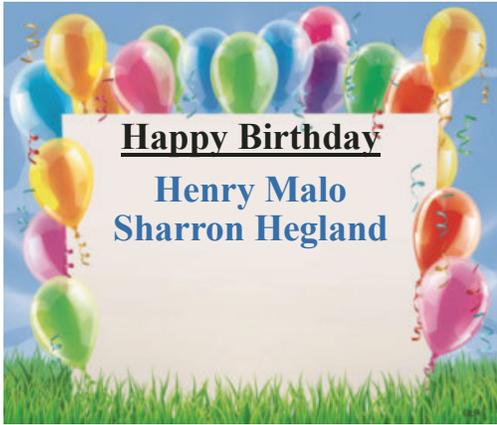
3rd Wednesday of the Month  
10:30am – 11:30am

UW-Whitewater CEC Building  
1260 W Main St, Whitewater



Respite Services will be provided thanks to Mulberry Glen Senior Living Community. RSVP will be required by 4pm the Tuesday before the meeting.

For more information contact Jake Sawyers at:  
262-741-3273 or [jsawyers@co.walworth.wi.us](mailto:jsawyers@co.walworth.wi.us)



## NEWSLETTER SUBSCRIPTION

To have the Seniors in the Park Newsletter mailed to your home for one year, send or drop off **\$8.00** with your name and address. To receive the newsletter **FREE**, go online to [wwparks.org](http://wwparks.org), [www.whitewater-wi.gov](http://www.whitewater-wi.gov), click on Departments, then Seniors in the Park or [MyCommunityOnline.com](http://MyCommunityOnline.com).



Newsletters are also available outside the Starin Park Community Building on the post by the stairs.

## FIND NEWSLETTERS ONLINE

For those of you who used [OurSeniorCenter.com](http://OurSeniorCenter.com) to find our newsletter, it is NOW [MyCommunityOnline.com](http://MyCommunityOnline.com). It includes all listings of senior centers and their newsletters that publish with LPi, the Walworth County ADRC newsletter and community and intergenerational centers, too! Just type in a zip code or name of the center.

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**CONTACT ME**  
**Nick Palasini**

[npalasini@lpicommunities.com](mailto:npalasini@lpicommunities.com)  
**(800) 950-9952 x2162**

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# Activity Calendar

## July 2025

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRI/SAT/SUN
	<b>1</b> 8:00 Pickleball (A) <b>8:30 Toenail Clinic</b> 10:00 Culver's Bingo 12:30 Pickleball (A) 3:30 Tai Chi Beginner	<b>2</b> 8:00 Pickleball (A) 9:15 Jville Shopping 10:00 Indoor Walking 10:30 Sign Language 12:30 Pickleball (A)	<b>3</b> 8:00 Pickleball (A) <b>9:00 Hikes with Ginny</b> 9:30 FUNfit (H) 12:30 Pickleball (A) 3:30 Tai Chi Beginner	<b>4</b> 8:00 Pickleball (A) 10:00 Parade 10:00 Sewing 10:00 Indoor Walking 12:30 Pickleball (A) <b>Office Closed</b> 
<b>7</b> 8:00 Pickleball (A) <b>9:00 Travel Preview</b> 9:30 FUNfit-(H) 10:00 Yoga (HC) 11:00 Warblers 11:00 Book Club 1:00 Pickleball (A) 1:00 Mah Jongg 1:00 Canasta	<b>8</b> 8:00 Pickleball (A) 9:30 Rockin' Respite 10:00 Mulberry Bingo 12:30 Stained Glass (A) 1:00 Pickleball (A) 1:00 Movie: "My Old Ass" 3:30 Tai Chi Beginner	<b>9</b> 8:00 Pickleball (A) 10:00 Indoor Walking 10:30 Sign Language <b>11:30 picnic and car show</b> 12:30 Stained Glass (A) 1:00 Pickleball (A) 	<b>10</b> 8:00 Pickleball (A) 9:30 FUNfit (H) 10:30 Lunch Bunch 1:00 Pickleball (A) 3:30 Tai Chi Beginner	<b>11</b> 8:00 Pickleball (A) 10:00 Indoor Walking 10:00 Sewing 10:00 Yoga (HC) 1:00 Pickleball (A) <b>Office Closed</b>
<b>14</b> 9:30 FUNfit-(H) 10:00 Yoga (HC) 11:00 Warblers 12:00 Senior Forum 1:00 Mah Jongg 1:00 Hand and Foot	<b>15</b> 10:30 Coffee Hour 2:00 Garden Club <b>6:00 Concert in the Park</b>	<b>16</b> 10:00 Indoor Walking 10:30 Sign Language <b>1:00 Movie: "Flow"</b>	<b>17</b> 8:15 Breakfast Bunch 9:30 FUNfit (H)	<b>18</b> 10:00 Indoor Walking 10:00 Sewing 10:00 Yoga (HC) <b>Office Closed</b> <hr/> <b>19</b> <b>10:00 New Glarus Food Truck Festival</b>
<b>21</b> 8:00 Pickleball (A) 9:30 FUNfit-(H) 10:00 Yoga (HC) 11:00 Warblers 1:00 Pickleball (A) 1:00 Mah Jongg 1:00 Canasta 1:30 DFCI	<b>22</b> 8:00 Pickleball (A) <b>8:30 Toenail Clinic</b> 9:30 Rockin' Respite 10:00 City Bingo 1:00 Pickleball (A) 1:00 Movie: "Last Breath"	<b>23</b> 8:00 Pickleball (A) 10:00 Indoor Walking 10:30 Sign Language 1:00 Pickleball (A) <b>12:30 AARP Smart Driver</b>	<b>24</b> 8:00 Pickleball (A) 9:30 FUNfit (H) 1:00 Pickleball (A)	<b>25</b> 8:00 Pickleball (A) 10:00 Indoor Walking 10:00 Sewing 10:00 Yoga (HC) 1:00 Pickleball (A) 3:30 Fish Fry <b>Office Closed</b>
<b>28</b> 8:00 Pickleball (A) 9:30 FUNfit-(H) 10:00 Yoga (HC) 11:00 Warblers 1:00 Pickleball (A) 1:00 Mah Jongg 1:00 Hand and Foot	<b>29</b> 8:00 Pickleball (A) 1:00 Pickleball (A) 1:00 Movie: "Black Bag"	<b>30</b> 8:00 Pickleball (A) 10:00 Indoor Walking 10:30 Sign Language 1:00 Pickleball (A)	<b>31</b> 8:00 Pickleball (A) <b>9:00 State Fair</b> 9:30 FUNfit (H) 1:00 Pickleball (A)	<b>Key for where activities are planned</b> <b>A = Downtown</b> <b>Armory</b> <b>C = Cravath Lakefront</b> <b>H = Hybrid</b> <b>(In Person &amp; Virtual)</b> <b>V = Virtual</b>

## WALWORTH COUNTY NUTRITION SITE

Persons 60 and over and spouse, regardless of age, are eligible to participate. The suggested donation is \$6.00, but you may donate what you can. Those unable to contribute are still welcome at the site. Call 1-262-741-3333 to make a reservation by noon, one business day in advance or a cancellation. Reservations are required. **Call 1-262-741-3333 to CANCEL your meal no later than 8:00 am day of your reservation.** Please leave your name and dining center when calling. Meal is at Brookdale Manor Monday thru Friday, serving at 11:30 am.

## MEALS ON WHEELS:

For information on or to order meals, contact Marguerite Willman, 708-822-0539. Meals only delivered in the city.

## WHITEWATER FOOD PANTRY:

At the Downtown Armory, 146 W. North St, Open Wednesdays and Thursdays, 8:30 am-11:30 am.

## THE COMMUNITY SPACE:

Still distributing food Tuesdays, 8:30-11 am, Wednesdays, 3:30-7 pm, and Saturdays, 8:30 am-11:45 am.

## FOODSHARE WISCONSIN

You may be eligible for FoodShare. Is money tight? FoodShare Wisconsin and the QUEST Card can help you through rough patches by providing money for groceries until you get back on your feet. The QUEST Card is accepted at most grocery stores in Wisconsin. The FoodShare Helpline wants to make applying for FoodShare as simple and stress-free as possible. They offer free help with the FoodShare application, either in person or over the phone. Call the FoodShare Helpline at 1-877-366-3635 or visit <https://www.getaquestcard.org/help-with-applications> to get started!



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**ARE ALWAYS EASIER IN ADVANCE**

Making your funeral arrangements in advance ensures that your loved ones avoid stress later. It's easy to do, and we're here to help at Nitardy Funeral Homes.

By choosing your desires and preferences for your funeral or cremation service ahead of time, you help ensure that your family and friends avoid stress. That way, when the time comes, they can focus on what truly matters: celebrating your life.

	1008 Madison Ave. Fort Atkinson, WI 53538 <b>920-563-5898</b>	208 N. Park Street Cambridge, WI 53523 <b>608-423-3414</b>	550 N. Newcomb Street Whitewater, WI 53190 <b>262-472-9118</b>
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## VOLUNTEERS NEEDED

### The DFCI

meets on the second Monday at 1:30 pm at the Starin Park Community Building. We plan and work on community education and awareness and caregiver support. If you could spare a couple of hours a month to help us make Whitewater Dementia Friendly, we would love to have you join us.

**Whitewater Arts Alliance** is looking for docents/receptionists to keep their doors open Thurs.–Sun., 12-4 pm. They have two shifts each day 12-2 pm and 2-4 pm. Contact Kim Adams by email [wwartsalliance@gmail.com](mailto:wwartsalliance@gmail.com) if interested or have questions. Other opportunities may be Event assistance, program distribution, and bakers.

**Rainbow Hospice Care Inpatient Center** has volunteer opportunities: Office or administrative work, reception duties, patient helper, including serving meals and Vigil Volunteers. They also are looking for volunteers for nights and weekends. With any questions, please call Jill Radke at 920-674-6255.

## TAI CHI IN THE WATER

### Thursdays, 7:30-8:15 am, Leisure pool

Jennifer will be teaching “Tai Chi for Arthritis and Fall Prevention” at the Whitewater Aquatic and Fitness Center. You will be in the warm water while you work on your arthritis and fall prevention.

This is for anyone who would like to try it, you do not have to know anything about tai chi to part take in this class.

No need for registration, just show up and enjoy the class whenever you can make it.

You will need a membership to the WAFC to join this class.

## SCHOOL SUPPLY DRIVE

### Monday, June 23– Monday, August, 11

The City of Whitewater will be hosting another school supply drive starting on June 23. You can donate school supplies at the Starin Park Community Building, Whitewater Municipal building, and Whitewater Aquatic and Fitness center.

Contact Jennifer at 262-473-0535 or [JJackson@whitewater-wi.gov](mailto:JJackson@whitewater-wi.gov) with any questions.

## THERMOSTAT

The thermostat is set at a consistent temperature. Please bring a sweater or extra layer, if you think you will need it.



## OTHER SERVICES

- Free wifi access
- A document shredder is available (1-inch stack of documents or less to shred)
- There are books, magazines and puzzles available to borrow FREE from our library
- Newcomer tours are offered by appointment.

## PLACES TO FIND OUR NEWSLETTERS

Looking for the newsletter in person? Below are some places that also have them:

- Aquatic Center
- Associated Bank
- Blackhawk Apartments
- Book Teller
- Brookdale Apartments
- Center Street Café
- Culver's
- Dale's Bootery
- Downtown Whitewater
- Fairhaven
- First Citizens Bank
- Fort Community Credit Union– Whitewater Branch
- Jessica's Restaurant
- Library
- Mulberry Glen Apartments
- Municipal Building
- Prairie Village
- Premier Bank
- Robin's Nest
- Roots Hair Studio
- Studio 154 Main St.
- Whitewater Woods Apartments

## 4TH OF JULY SCHEDULE

**Thursday, July 3:** festival starts at 4:00 pm

**Friday, July 4:** Whippet City Mile at 9:45 am, 4th of July Parade at 10:00 am, fireworks at 10 pm

**Saturday, July 5:** Car show from 2-6 pm, fireworks at 10 pm

**Sunday, July 6:** Carnival only

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JUNE 14	INSIDE OUT 2
JULY 12	MOANA 2
AUGUST 16	MUFASA
SEPTEMBER 06	WICKED

SATURDAYS AT DUSK ★ CRAVATH LAKEFRONT PARK

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## SENIORS IN THE PARK COMMUNICATION

Most of our communication is through email. Please check your junk/spam mail and add:

[wwtr@schedulesplus.com](mailto:wwtr@schedulesplus.com) to your safe-sender list. SchedulesPlus is the software program we use at the center for checking in, registering you for classes and events and taking payments.



## FRIEND US ON FACEBOOK!

- ⇒ Whitewater Dementia Friendly
- ⇒ Whitewater Parks and Recreation
- ⇒ Whitewater Aquatic & Fitness Center
- ⇒ City of Whitewater



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# Seniors in the Park

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## SENIORS IN THE PARK

504 W Starin Rd, PO Box 178  
Whitewater WI 53190

Phone 262-473-0535

Hours Monday—Thursday  
9:00 am—3:00 pm  
Closed Fridays

### Senior Coordinator

Jennifer Jackson  
jjackson@whitewater-wi.gov

### Front Desk

Debbie Andrus

### Parks & Recreation Director

Kevin Boehm

Websites: [schedulesplus.com/wwtr](http://schedulesplus.com/wwtr)  
[www.wwparks.org](http://www.wwparks.org)  
[www.whitewater-wi.gov](http://www.whitewater-wi.gov)

*Seniors in the Park is a division of  
Whitewater Parks and Recreation*



City of WHITewater & Whitewater Parks & Recreation present... in conjunction with WHITewater CITY MARKET

## SUMMERTIME CONCERTS in the PARK

**CONCERT LINEUP**

JUL. 15	Bonzo Squad
JUL. 22	The Honey Ples
JUL. 29	Family Event: Messy Fest
AUG. 05	Ladies Must Swing
AUG. 12	Palmyra Eagle Community Band
AUG. 19	Piper Road Spring Band

**MARKET: 4pm-7pm**  
**CONCERTS: 6pm-7pm**

Grab fun food from the City Market or bring your picnic dinner and enjoy the FREE Concert!

Please bring your own lawn chair or blanket

For more information please visit our website at [www.wwparks.org](http://www.wwparks.org)

Cravath Lakefront Park  
341 S. Fremont Street, Whitewater