

# 2010 Parks & Recreation Summer Guide





# Spend Thursday Evenings

## in the Cravath Lakefront Park

FREE Concert In The Parks & Family Fun

7:00 pm



*The Dang-It's*



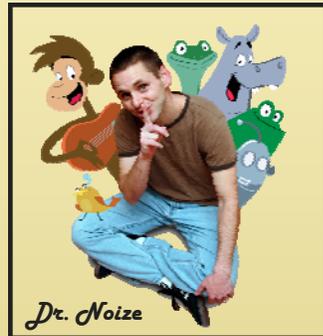
*David Stokes*



*Piper Road Spring Band*



*Organ Grinders*



*Dr. Noize*



*Avengers Assemble*



*Big Rig Gig*

### Thursday June 17th~ Family Fun Night Dr. Noize

Dr. Noize creates interactive showz, music, and bookz that inspire noisy kids and adventurous adults

### Thursday June 24th~ Concert Organ Grinders

This four piece band will get you moving with their American Blues style

### Thursday July 8th~ Concert The Dang-It's

Grab your lawn chair and enjoy the County Music of the Dang-It's

### Thursday July 15th~ Family Fun Night The Big Bounce & Big Rig Gig

Get ready to bounce and climb the night away with a park full of big rigs and bouncy houses

### Thursday July 22nd~ Concert Assemble Avengers

Avengers Assembles music is dynamic hybrid of indie pop and art rock with splashes of Latin and Jamaican nuances

### Thursday July 29th~ Family Fun Night David Stokes~ Talking with the Animals

Don't forget the camera! Come meet some of Wisconsin's outdoor animals

### Thursday August 5th~ Concert Piper Road Spring Band

Pack your picnic dinner & blanket and enjoy a night of country music

### Paddle Boats

*Be Sure to stop at the Lakefront Center & Check  
out the Paddle Boat Rentals  
Thursday & Friday 4-10pm  
Saturday & Sunday 2-8pm*

# General Information

## Community Organizations

Seniors In The Park	Deb Weberpal	473-0535
Program Cancellation Hotline		473-0520 Press 6, Then 3
Whitewater Aquatic & Fitness Center	<a href="http://whitewateraquatic.com">whitewateraquatic.com</a>	473-4900
Chamber of Commerce	Deb Williamson	473-4005
UW Williams Center (Rec Sports)		473-1544
Whitewater Youth Football <a href="http://www.wyflonline.com">www.wyflonline.com</a>	Steve Anderson	473-3888
Whitewater Youth Soccer	Mark Korf	608-883-6916
Whitewater Youth Basketball	Dave Schumacher	473-1775
Whitewater Youth Baseball (Ages 13 & Up)	Candi Maas <a href="mailto:jcj1993@live.com">jcj1993@live.com</a>	473-8338
J-Hawk Aquatic Club	Cheri Zimdars	473-1800
Whitewater Youth Wrestling	Wendall Bean	473-8003
Irvin L. Young Library		473-0530
Walworth County Nutrition	Sue Chapman	473-0536
Whitewater Arts Alliance <a href="http://www.whitewaterarts.org">www.whitewaterarts.org</a>		
Whitewater Youth Cheerleading	Vicki Anderson	920-650-2341
Whitewater 4-H	Laurie Giorno	473-6065

## Common Council

The Whitewater Common Council is composed of seven elected officials, one for each of the five aldermanic districts in the City and two member-at-large positions. Council meetings are scheduled for the first and third Tuesdays of the month. Common Council meeting minutes are posted on the City web site once they are approved by the Common Council. The Common Council reviews and approves the minutes of the prior meeting at the next regularly scheduled meeting.

At Large Members Marilyn Kienbaum, Jim Stewart  
 District 1 James Olsen  
 District 2 Maxwell Taylor  
 District 3 James Winship  
 District 4 Lynn Binnie  
 District 5 Patrick Singer

## Parks and Recreation Board

The Parks and Recreation Board is composed of seven members and one alternate. Three members are representatives of the City Council, WUSD, and UW-Whitewater. The other four seats are appointed by the City Council along with an alternate. The Parks and Recreation Board meets the 1st Monday of the month at 5:00 p.m. and the public is welcome. More information, including agendas and minutes, can be found at [www.ci.whitewater.wi.us](http://www.ci.whitewater.wi.us).

Sheila Kindwall, Chairperson, School District Representative  
 Maxwell Taylor, City Councilmember  
 Jen Kaina, University Representative  
 Steve Ridenour  
 Nicole Grosinske  
 David Stone  
 Prudence Negley  
 George DeVries, Alternate

## Whitewater Parks and Recreation Administrative Team



**Matt Amundson, CPRP**  
 Parks & Recreation Director  
 (262) 473-0122  
[mamundson@ci.whitewater.wi.us](mailto:mamundson@ci.whitewater.wi.us)

**Chuck Nass**  
 City Forester, Parks/  
 Streets Superintendent  
 (262) 473-0542  
[cnass@ci.whitewater.wi.us](mailto:cnass@ci.whitewater.wi.us)

**Michelle Dujardin, CPRP**  
 Recreation & Community  
 Events Programmer  
 (262) 473-0121  
[mdujardin@ci.whitewater.wi.us](mailto:mdujardin@ci.whitewater.wi.us)

**Deb Weberpal, CPRP**  
 Senior Coordinator  
 (262) 473-0535  
[dweberpal@ci.whitewater.wi.us](mailto:dweberpal@ci.whitewater.wi.us)

**Nancy Stanford**  
 Administrative Assistant  
 (262) 473-0101  
[nstanford@ci.whitewater.wi.us](mailto:nstanford@ci.whitewater.wi.us)

**Whitewater's 4th of July 2010  
Free Family Festival  
Cravath Lakefront Park  
July 1st - July 4th**

Whitewater's Fourth of July Festival is all about celebrating freedom and independence for our families, friends and community. We have a strong and generous community that makes this celebration possible. Thank you to everyone for your support!

Bring your family, friends, neighbors and co-workers for an exciting and enjoyable day by the lake. We have many scheduled events for your entertainment and plenty of great food and music. **Check out [www.ww4th.com](http://www.ww4th.com) for scheduled details.** Don't forget to check out the Whippet City Mile Run!



**Ride Your Bike to School Day    The "Big Rig" Gig**

Ride Your Bike to School on Friday, May 14th and receive some cool bike reflectors, summer paddle boat coupons, and bright reflectors for the spokes of your bike. Volunteers will be placed at each school rewarding those who participate

Big Snowplows, loaders, semi's, skidsteers, tractors, fire trucks and more..The park will be filled with BIG Rigs for the kids to come down and climb inside. Kid's hardhats will be available on site to decorate. Other activities will be planned for the youngsters as well. Thanks to local businesses and our own City crew for assisting with this event

**Brewer Game For The Kids  
Brewers vs. Minnesota  
Twins**

Are you ready for some baseball? Grab your baseball cap and be a part of Whitewater's crew that will join 12 other communities at this annual joint field trip. Participants will receive a t-shirt, transportation, tailgated lunch (Which includes hot dog, chips, a cookie and a drink), and Logo Bleacher seats. Program geared for kids ages 8 - 12.

**DATE:** June 24th  
**DAY:** Thursday  
**TIME:** 9:00am - 6:30pm  
**FEE:** \$45  
**MEETING:** Starin Park Parking Lot  
**CLASS #:** 6215.21  
**DEADLINE:** June 4, 2010

**DATES:** July 15  
**DAY:** Thursday  
**TIME:** 5:30-7:00pm  
**FEE:** FREE  
**LOCATION:** Cravath Lakefront Park

**Splish Splash**

Wear your favorite swim suite, because this event is going to be full of water activities! Slip n slides, dunk tank, ring toss, water discovery station, ice cube surprise and more! Pre-registration is appreciated.

**DATES:** June 26th  
**RAIN DATE:** July 10th  
**DAY:** Saturday  
**TIME:** 12:00- 2:00pm  
**FEE:** \$3.00  
**LOCATION:** Cravath Lakefront Park  
**CLASS #:** 6216.21

The Whitewater Parks and Recreation Department is extremely grateful for all Sponsorships and Donations towards youth sports, family activities, facility up keep, adult sports, senior programs, and community events.



**Brewer Game For Adults  
Brewers vs. Chicago Cubs**

Are you looking for a way to enjoy the brewer game without the drive? Join the Eagle Parks and Recreation Department on Tuesday, June 8th as they cheer on the Brewers.

**DATES:** Tuesday, June 8th  
**TIME:** 3:00pm- 11:00pm  
**FEE:** \$70.00  
**MEETING:** Eagle Municipal Building  
**CLASS #:** To register, contact Heather Heywood, Eagle Recreation Director at 262-949-4232

## Cravath Lakefront Concessions & Boat Rentals

The Cravath Lakefront will be a destination this summer you will not want to miss. Paddleboats, kayaks, and fishing poles will all be available to rent along with a concession stand that will offer something for all. Rental fees for kayaks and/or paddleboats is \$3.00 for 30 minutes or \$5.00 for 60 minutes.

DATES: June 17 - Aug 22

**HOURS:**

Thursdays & Fridays 4-10 pm  
 Saturdays & Sundays 2-8 pm



### Typo, Human Error, We Goofed....!?

Occasionally there may be an error in days, times, registration requirements or fees in the brochure. When such errors occur, our staff will do everything possible to correct the situation promptly. We thank you for your patience and understanding when these situations arise.

### Attraction Tickets

Tickets to these attractions are available for purchase at the Municipal Center, 1st floor, Finance window, between the hours of 8:00 am - 4:30 pm, Monday through Friday. Tickets will be available May 24—August 31st. Payment can be made by credit card, cash, or check.

Attractions	Gate Price	Our Price
<b>Milwaukee County Zoo</b>		
Adult	\$13.25	\$9.75
Child	\$10.25	\$7.75
Children 2 and under	Free	Free
<b>Mt. Olympus (Wisconsin Dells)</b>		
All Day Pass	\$40.00	\$23.50
Children 2 and under	Free	Free
<b>Noah's Ark (Wisconsin Dells)</b>		
All Day Pass	\$38.33	\$28.00
Children 2 and under	Free	Free
<b>Six Flags Great America &amp; Hurricane Harbor</b>		
Any Day	\$56.64	\$34.00
WPRA Week (July 10-18, 2010)	\$56.64	\$28.00
Children 2 and under	Free	Free

### Say Cheese!

For program promotion purposes, photographs may be taken of participants from time to time. If you do not wish to have your photo taken, please notify the photographer and/or class instructor. Photos may be used in publications and/or the website.

### Playgroup For Tots

Looking for something for your youngsters to do on Fridays from 10am -Noon? Join this parent organized playgroup at the Downtown Armory for an afternoon of friends and fun! Contact Sarah Coleman at 262-472-8842 or [martygirl3o4@yahoo.com](mailto:martygirl3o4@yahoo.com) for details

### Did you know that you can register for classes and reserve a facility, all from home?

You can now register **Online** with the new ActiveNet Software. By visiting the link from the Parks & Recreation website, you are able to create and manage your own account, register for classes, check on facility/class availability, and explore a majority of the programs we have to offer. The 1st step to register on-line is to create your family account. The ActiveNet website details this process and has a convenient Frequently Asked Questions (FAQ) section. **Please note that a credit or debit card is required for all online transactions.**

**Register Online at:**

**<http://activenet9.active.com/whitewater>**

## Sponsorship Recognition

The Whitewater Parks and Recreation Department is extremely grateful for all Sponsorships and Donations towards youth sports, family activities, facility up keep, adult sports, senior programs, and community events.



## Freeze Fest 2010

This year's Freeze Fest gave families the opportunity to learn about animals, enjoy a pancake breakfast, learn about sled dogs, take a dip in the pool, taste a new chili recipe, ride on a horse drawn wagon, and brought out 258 plungers, to raise approximately \$37,000 for Special Olympics. **We would like to thank Commercial Bank and the Whitewater Police Department for Sponsoring the Parks and Recreation activities.** We would also like to thank all of the volunteers who dedicated their time for this event.

## Free Fishing Weekend Saturday & Sunday June 5th- 6th

Every year, the first consecutive Saturday and Sunday in June is designated as Free Fishing Weekend throughout the state of Wisconsin. All the waters of the state are open! Residents and nonresidents of all ages can fish without a fishing license (or trout or salmon stamps) over these two days. However, all other fishing regulations (length limits, bag limits, etc.) apply.

This event is designed to encourage families to get out and fish together on Wisconsin waters. People are encouraged to participate in special activities planned at state parks!

The Whitewater Optimists club will be hosting its yearly fishing derby during this free fishing weekend. Be sure to watch your local paper for details.

## YES! Deliver the "Recreation Brochure" directly to my home!

We have added to the way we deliver. The Whitewater Parks and Recreation Department will now mail the Recreation Brochure three times per year. You must subscribe annually to receive our Fall 2010, and Winter/Spring 2011, Summer 2011 editions.

1 year (3 issues) for just \$3.00  
Registration #8101.21



Brochures will still be available at Whitewater school offices, City Hall, Whitewater Aquatic Center, Irvin L Young Public Library, Chamber of Commerce, and Starin Park.

## Create-a-class

Do you have an idea for a class/program you would like to see offered by the Whitewater Parks and Recreation Department.

Better yet, do you have a special interest or talent you would like to share with others? The

Whitewater Parks and Recreation Department is looking for new program ideas and local "hidden" talent to teach or lead various recreational classes. If you have a particular interest or talent and are willing to lead activities; or if you have a suggestion for a new program, please fill out this form and return it to 312 W.

Whitewater St, Whitewater, WI  
53190

Name \_\_\_\_\_

Address \_\_\_\_\_

City/State/Zip \_\_\_\_\_

Phone \_\_\_\_\_

I would like to see the following programs offered:

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

I would like to Teach/Share information on the following subject

\_\_\_\_\_

I would like to work with (you may mark more than one)

Preschool  Youth  Young Adults  Adults  Seniors

**\*Bonus!** If a program you suggest becomes a reality, you will be given the opportunity to attend that class/program FREE OF CHARGE! In case of duplicate suggestions, names will be drawn.

## Karate

Looking for an intro to karate-do or to continue your skills? This course is a discipline-based, Japanese style of self defense and personal development. Emphasis is placed on respect for others and self control. Introduction to basic etiquette, blocking, stances, punching and kicking, and eventually kata (patterns of movement). The instruction is individualized and tailored to skill level and physical and intellectual development. Every effort is made to make techniques age-appropriate. A signed waiver form is required prior to taking this course.

### Session I

**DAYS:** Fridays  
**DATES:** April 16 - May 21  
**COST:** \$30.00  
**MIN/MAX:** 5/10  
**DEADLINE:** April 6, 2010  
**LOCATION:** Downtown Armory Dance Studio

Class Number	Class Times	Class	Age
3301.21	3:30pm - 4:00pm	Beginning	5-7
3302.21	4:00pm - 4:45pm	Beginning	8-11
3303.21	4:45pm - 5:30pm	Continuing	8-above

### Session II

**DAYS:** Fridays  
**DATES:** June 4 - July 9  
**COST:** \$30.00  
**MIN/MAX:** 5/10  
**DEADLINE:** May 25, 2010  
**LOCATION:** Downtown Armory Dance Studio

Class Number	Class Times	Class	Age
3301.22	3:30pm - 4:00pm	Beginning	5-7
3302.22	4:00pm - 4:45pm	Beginning	8-11
3303.22	4:45pm - 5:30pm	Continuing	8-above
3304.21	5:30pm - 6:15pm	Beginning	5-7

### Session III

**DAYS:** Fridays  
**DATES:** July 23 - August 27  
**COST:** \$30.00  
**MIN/MAX:** 5/10  
**DEADLINE:** July 13, 2010  
**LOCATION:** Downtown Armory Dance Studio

Class Number	Class Times	Class	Age
3301.23	3:30pm - 4:00pm	Beginning	5-7
3302.23	4:00pm - 4:45pm	Beginning	8-11
3303.23	4:45pm - 5:30pm	Continuing	8-above



**Register Online at:**  
<http://activenet9.active.com/whitewater>

## Youth Gymnastics

	Gymnastics Level Descriptions
Tumbling Tots	Must be at least 3 years old. Classes focus on basic locomotor movement through play and experience on various equipment in the gym.
Level 1/2	Recommended age– five years. Little or no experience required. Classes build on fundamentals of locomotor movement on all four apparatus.
Level 2/3	2+ years of experience preferred. Classes expand the skill level with the gymnasts confidence, flexibility, and strength. Gymnasts develop skills for the Level 3 routines on all four apparatus.
Level 4/5 Advanced	Consent of instructor required. Gymnasts continue their development of skills to perform USGF Level 4 routines and higher. The focus of this class is development of confidence and skills for competition.

### Session I June

**DATES:** June 14-17                      June 21-June 24                      (2 weeks)  
**DAYS:** Monday through Thursday  
**LOCATION:** University Wisconsin Williams Center  
**DEADLINE:** June 4, 2010

Class Name	Class Number	Time	Cost
Advanced	3604.21	2:30 - 5:30pm	\$108
Level 2/3	3603.21	3:30 - 5:30pm	\$72
Level 1/2	3602.21	2:30 - 3:30pm	\$36
Tumbling Tots	3601.21	2:00 - 2:30pm	\$20

### Session II June/July

**DATES:** June 28-July 1                      July 5-July 8                      (2 weeks)  
**DAYS:** Monday through Thursday  
**LOCATION:** University Wisconsin Williams Center  
**DEADLINE:** June 18, 2010

Class Name	Class Number	Time	Cost
Advanced	3604.22	9:00am-Noon	\$108
Level 2/3	3603.22	10:00am-Noon	\$72
Level 1/2	3602.22	9:00am– 10:00	\$36
Tumbling Tots	3601.22	8:30am-9:00	\$18

### Session III July/August

**DATES:** July 26-July 29                      August 2-August 5                      (2 weeks)  
**DAYS:** Monday through Thursday  
**LOCATION:** University Wisconsin Williams Center  
**DEADLINE:** July 16, 2010

Class Name	Class Number	Time	Cost
Advanced	3604.23	9:00am-Noon	\$108
Level 2/3	3603.23	10:00am-Noon	\$72
Level 1/2	3602.23	9:00am– 10:00	\$36
Tumbling Tots	3601.23	8:30am-9:00	\$18

## Dance Classes

**DATES:** June 7 - Aug 9  
(excl 7/5)

**FEE:** \$35.00

**DEADLINE:** May 29, 2010

**MIN/MAX:** 4/10

**LOCATION:** Armory Dance Studio  
(Adult Classes on page 15)



Class Name	Class Number	Day	Time	Age
Creative Movement	3101.21	Monday	5:30-6:30pm	3-5
Ballet	3105.21	Monday	6:30-7:30pm	6-8
Creative Movement / Pre Ballet	3103.21	Thursday	5:30-6:30pm	4-5
Ballet Tap	3104.21	Thursday	6:30-7:30pm	5-7
Leaps, Turns, Jumps	3118.21	Wednesday	5:30-6:30pm	6+

**Creative Movement/Pre-Ballet:** This class works on basic locomotor steps, and ballet positions of the feet and arms. Structured games and improvisational exercises are designed to inspire movement and rhythm in small children.

**Ballet/Tap:** One-1/2 hour each of ballet and tap. Ballet will consist of working on basic locomotor steps, positions of the arms and feet, correct alignment, beginning barre work, short combinations, and exercises designed to encourage and spark freedom in moving and love for dance. Tap will work on basic steps, simple rhythms, and short combinations.

**Ballet:** This class will concentrate on proper alignment, ballet terminology, adagio, petite allegros and grande allegros. This class is for those students who have had at least one year of prior training in ballet.

**Leaps, Turns & Jumps:** Turns, Leaps, Jumps, Extensions, Techniques and great free-moving combinations including age appropriate Hip Hop.

**Creative Movement:** Structured games and improvisational exercises are designed to inspire movement and rhythm in small children. This class works on basic locomotor steps.

### Attire

Pink, white, or black ballet shoes and black tap shoes are preferred. Leotards and tights for girls or shorts for boys are necessary to see proper positions of the body. Creative dance classes (3/4 year olds) may wear ballet shoes or bare feet. Jazz shoes for Jazz Class.

### Shoe Exchange

We realize dance shoes can be expensive for growing children. We have started a shoe exchange program that allows you to donate your child's gently used dance shoes or utilize the shoes that have already been donated. Please see a dance instructor for details.



**Register Online at:**  
<http://activenet9.active.com/whitewater>

## Youth Sports Policies

The Whitewater Parks and Recreation Department asks coaches, parents, and participants to observe the following youth sport policies:

- Whitewater Parks and Recreation youth sports leagues operate on an equal playing time philosophy for all participants.
- Youth sports athletes may participate on only one WPRD team per sport.
- Participants are allowed to "play up" only one grade level. Players cannot "play down" a grade.
- All leagues focus on the development of skills, sportsmanship, and fun! As parents, please help the players and coaches accomplish these goals.

## Youth Sports Newsletter

A youth sports newsletter is sent out weekly. To be added to the listing to receive the most current and up-to-date youth sports news, email Matt Amundson at [mamundson@ci.whitewater.wi.us](mailto:mamundson@ci.whitewater.wi.us)

## Coaches Information

The Whitewater Parks and Recreation Department is committed to providing a quality youth sports experience for participants, parents, coaches, and spectators. Our sports programs encourage parent involvement and utilize volunteer coaches. **Coaches are required to pass a criminal background investigation** and attend department offered coaches education and training.

The Whitewater Parks and Recreation Department works with volunteer coaches for all youth sports programs. The typical involvement for a youth sport coach includes passing the background check, attending coaches training, and facilitating team practices and games. Teams are recommended to practice once per week and league schedules usually include one game per week.

## Track and Field

This new program is designed to introduce fundamental skills in track and field events such as running, throwing and jumping with an emphasis on fun!

**DATES:** July 7th - August 11th  
**DAY:** Wednesdays  
**TIME:** 5:30pm - 6:30pm  
**MIN/MAX:** 8/20  
**AGE:** 5-9 years old  
**FEE:** \$23.00  
**DEADLINE:** June 28, 2010  
**LOCATION:** High School Track  
**CLASS #:** 3505.21

## Start Smart Sports

The Start Smart sports program helps kids get ready to play sports and at the same time promotes quality time together for the parent/adult mentor and child. This program works to build confidence and self-esteem through progression, improvement and positive reinforcement. Parents will learn how to properly teach and support their child as they learn the sports listed below. Our instructor shows the parents the proper techniques and teaching hints to be most successful for this age group. You will provide the individual attention and instruction your child needs to learn and have fun.

Please remember that Parents/Guardians will learn how to properly teach and support their child as they learn. Adult interaction is required.

## Start Smart Baseball

The skills focused on include hitting, throwing, and catching.

**Session 1** May 12 - June 9 #1101.11

**DAY:** Wednesday  
**TIMES:** 3:45 - 4:30 PM  
**AGES:** 3-5  
**MIN/MAX:** 8/15  
**FEE:** \$15.00  
**DEADLINE:** May 2, 2010  
**LOCATION:** Downtown Armory Gym



Register Online at:  
<http://activenet9.active.com/whitewater>

## Tee-Ball

A skill building experience for 5 & 6 year olds. An emphasis is placed on learning skills and having fun! Players will be divided into teams and assigned to a volunteer coach and/or coaches.



**DATES:** June 15 - August 05  
**DAY:** Tuesdays & Thursdays  
**TIME:** 5:00-6:00 pm  
**AGES:** 5 & 6  
**FEE:** \$20.00  
**DEADLINE:** April 30, 2010  
**LOCATION:** Starin Park  
**CLASS #:** 1102.21

Note: A mandatory coaches meeting will be held on May 19, 2010 at 6:00 PM at the Starin Park Community Building. Practice and game schedules will be distributed by the coaches and posted on-line.

## Rookie Ball

A skill building baseball and/or softball experience for 7 & 8 year olds. An emphasis is placed on learning skills and having fun! This is a coach-pitch league where players will be divided into teams and assigned to a volunteer coach and/or coaches. If we do not have enough participants to run separate baseball and softball leagues at the Rookie Level, we will combine the boys and girls.

**DATES:** June 15 - August 05  
**DAY:** Tuesdays & Thursdays  
**TIME:** 6:00-7:00 pm  
**AGES:** 7 & 8  
**FEE:** \$20.00  
**DEADLINE:** April 30, 2010  
**LOCATION:** Starin Park  
**CLASS #:** 1103.21

Note: A mandatory coaches meeting will be held on May 19, 2010 at 6:00 PM at the Starin Park Community Building. Practice and game schedules will be distributed by the coaches and posted on-line.

## 4K/5K Flag Football

This program will serve as an introduction to football for boys and girls in 4K & 5K Kindergarten. The program will focus on skill building through drills and fun competitions. Each week a scrimmage or game will be held at the conclusion of the session. Teams will not be pre-determined and additional practices will not be held. Each participant will receive a t-shirt.

**DATES:** September 11 - October 16  
**DAY:** Saturdays  
**TIME:** 9:00 - 10:00 am  
**FEE:** \$15.00  
**DEADLINE:** July 23, 2010  
**LOCATION:** Whitewater High School football fields  
**CLASS #:** 1801.31



## Flag Football

Separate leagues will be offered for boys and girls in grades 1 & 2 and 3 & 4. Practices will begin the week of August 16th. Practices are scheduled per the volunteer coach. Two practices will be held during the weeks prior to games starting. Once games begin, teams will practice once per week. Whitewater teams participate in a league with neighboring communities. Games are played on Saturdays. The game schedule varies based on field availability.

**DATES:** September 11 - October 23  
**DAY:** Saturdays  
**FEE:** \$25.00  
**DEADLINE:** July 23, 2010

<b>CLASS #:</b>	<b>GRADES</b>
1802.31	1 & 2
1803.31	3 & 4

## CHILD AQUATICS

Whitewater Aquatic Center, 580 S Elizabeth St. Whitewater, WI 53190 262-473-4900  
 We offer a wide range of swim lessons for all abilities. All teachers are Red Cross, WSI Certified.  
 We also offer private lessons.

**May 3 – May 21 Monday/Wednesday/Friday**  
**Cost: \$35 members/ \$45 Non-members**

Aqua Tots	4-4:20pm	Level 6	4-4:30pm
Swim Tots	4:30-4:50pm	Level 5	4:30-5pm
Level 1	5-5:30pm	Level 4	5-5:30pm
Level 2	5:30pm-6pm	Level 3	6-6:30pm
Aqua Tots	6-6:20pm	Level 3	7-7:30pm
Swim Tots	6:30-6:50pm	Level 4	7:30-8pm
Level 1	6:30-7pm	Level 5	8-8:30pm
Level 2	7-7:30pm	Level 6	8-8:30pm

**May 3 – May 21 Tuesday/Thursday**  
**Cost: \$35 members/ \$45 Non-members**

Aqua Tots	4-4:30pm	Level 5 & 6	4-4:45pm
Swim Tots	4:30-5pm	Level 3 & 4	5-5:45pm
Level 1	5-5:45pm	Level 3	7-7:45pm
Level 2	5-5:45pm	Level 4	8-8:45pm
Aqua Tots	6-6:30pm	Level 5 & 6	8-8:45pm
Swim Tots	6:30-7pm		
Level 1	6:30-7pm		
Level 2	7-7:45pm		

### Lifeguarding Training Class

This American Red Cross course provides participants with the knowledge, skills and practice needed to become a well trained, and effective lifeguard, and how to carry these skills out in a professional manner. Candidates can be certified in CPR for Professional Rescuer/AED, Lifeguarding, Waterfront & Waterpark Lifeguarding and First Aid with the successful completion of the written and physical skills test.

Prerequisites: Students must be 15 years of age by the last day of the class, 550 yards continuous swim, retrieve a 10 pound brick from a depth of 10 feet, and swim 20 yards with both hands on the brick. Attend all class sessions.

#### COURSE 1

Dates: April 29-30, May 1-3  
 Times: April 30, May 3 5pm-9pm  
 May 1 & 2 8am – 5pm  
 Cost: \$175

#### COURSE 2

Date: June 17-21  
 Times: June 17, 18, 21 5pm-9pm  
 June 19 & 20 8am – 5pm  
 Cost: \$175

### Summer Fun Days...FREE to members, non-members pay the cost of admission (\$5.00 + tax).

**Movie Mondays** – Float in our lap pool while watching a movie. Movies start at 1pm on the following Mondays: Monday, June 28<sup>th</sup> Monday, July 19<sup>th</sup>, Monday, August 9<sup>th</sup>, Monday, August 30<sup>th</sup>

**Wacky Wednesdays** – Try something new and crazy at the pool. Activities may include activities like raft building or snorkeling. Activities start at 1pm on the following Wednesdays:

Wednesday, July 7<sup>th</sup> Wednesday, July 28<sup>th</sup> Wednesday, August 18<sup>th</sup>

**Fitness Fun Fridays** – Bring your suit and towel and also your workout clothes and shoes, activities may include Drums Alive, Pool Beats, or a Water Aerobic Class for kids. Activities start at 1pm on the following Fridays: Friday, June 25<sup>th</sup> Friday, July 16<sup>th</sup> Friday, August 6<sup>th</sup> Friday, August 27<sup>th</sup>

**Family Fun Nights:** Friday, April 9<sup>th</sup> Friday, May 7<sup>th</sup>

Come play games at the pool starting at 6:00pm. Free to members, non-members pay the cost of admission or \$20 per family, whichever is more reasonable.

**Itty Bitty Beach Bash:** Saturday, April 17<sup>th</sup>

11am-1pm This pool party is geared toward young kids and their families. Play Water Basketball and games in our zero depth pool while fun music plays. Free to members or \$5(+tax) for non-members.

Aquatic class registration and programs will take place at Whitewater Aquatic Center located at 580 South Elizabeth Street, Whitewater. For Further details call 262-473-4900

## Kids Escape

Want your kids to be active this summer and not sitting around playing video games? How about instilling exercise habits early! This program will fill their afternoons with: hiking, biking, fishing, golf, team games, swimming, orienteering, archery, kickball, horseshoes, lots of walking, and more. Each day the kids will hike to the playing field and back. A new group activity will be planned each day— five days a week. Geared for 7-12 year olds.

**DATES:** June 21– August 6  
**DAY:** Monday- Friday  
**TIME:** 1:00-4:00pm  
**MIN/MAX:** 8/24  
**FEE:** \$140.00  
**DEADLINE:** June 10, 2010  
**LOCATION:** Trippe Lake Shelter  
**CLASS #:** 3501. 21

## Horse Day Camps

Today's world is tough for kids. They face challenges every day. Sometimes friends can help keep them on the right path. Horses have always been great friends—teaching kids about responsibility, respect, accomplishment, and love. Introduce your child to horses through educational horse camp! Students must be between 6-17 years of age and wear hard sole shoes and jeans.

Session 1	June 21– June 24	#3701.21
Session 2	July 12 - July 15	#3701.22
Session 3	Aug 16– Aug 19	#3701.23

**DAY:** Monday - Thursday  
**TIMES:** 9:00am - 3:00pm  
**AGES:** 6-17  
**MIN/MAX:** 8/15  
**FEE:** \$300.00  
**DEADLINE:** 10 days prior to start of session  
**LOCATION:** Clean Sweep Farms  
 8538 N. Serns Road, Milton WI 53563  
 608-219-9068  
[www.cleansweepfarm.com](http://www.cleansweepfarm.com)

Camp spaces are limited, so reserve a spot for your child early in order to avoid disappointment. In order to reserve your spot, a \$100 non-refundable deposit is required.

## Roller Hockey

This new program will provide boys and girls ages 9-14 an opportunity to learn the sport of roller hockey and compete in scrimmages. Instruction will be provided.

**DATES:** July 13 - August 5  
**DAY:** Tuesdays & Thursdays  
**TIME:** 2:00 - 4:00 pm  
**FEE:** \$25.00  
**DEADLINE:** June 18, 2010  
**LOCATION:** Trippe Lake Park  
**CLASS #:** 3509.21

## Youth Rock Climbing

Want to experience the thrill and satisfaction of climbing to new heights? Try this safe and challenging sport in an environment where you can enjoy the climbing experience and feel comfortable learning new skills. While you are busy having fun, you will be getting a great work out improving strength and flexibility. All equipment is provided. Participants must be at least 8 years old. A signed waiver form from Wall Crawlers is required prior to taking this course. (Adult classes offered on page 11 )

**DAY:** Mondays  
**TIME:** 4:00 - 6:00 pm  
**AGES:** Elementary School Students

**DAY:** Tuesdays  
**TIME:** 4:00 - 6:00 pm  
**AGES:** Middle & High School

<u>CLASS #</u>	<u>Dates</u>
3201.14	May 3 - May 24
3201.21	June 7 - June 28
3201.22	August 9 - August 30

<u>CLASS #</u>	<u>Dates</u>
3202.14	May 4 - May 25
3202.21	June 8 - June 29
3202.22	August 10 - August 31

**COST:** \$30.00  
**DEADLINE:** 10 days prior to start of session  
**LOCATION:** Wall Crawlers Climbing Gym  
 138 W. Main St.

**COST:** \$30.00  
**DEADLINE:** 10 days prior to start of session  
**LOCATION:** Wall Crawlers Climbing Gym  
 138 W. Main St.

**Be sure to check the location of your class!**

We are very excited to be partnering with the Whitewater Aquatic Center in offering some of our fitness classes. Individuals taking Ivy's Fitness Classes will continue to sign up with Parks and Recreation and will not have to pay for daily admission into the Whitewater Aquatic & Fitness Center for classes held in the fitness studio.

**Drums Alive**

Drums Alive combines traditional aerobic movements with the powerful beat and rhythms of the drums. It is a workout for the entire body, mind and spirit! Feel and experience the pulsating rhythms, dynamic movements and powerful percussions of this new dance and rhythm program. Classes offered are Golden Beats, Cardio Beats, Special Beats, Kids Beats and Family Beats. Instructed by Sam Gnatzig.

Thursdays (3-week sessions)  
 Session 1 June 3, 10, 17  
 Members \$15.00 non members \$20.00  
 5:30 pm – 6:30 pm  
 Session 2 July 1, 8, 15  
 Members \$15.00 non members \$20.00  
 5:30 pm – 6:30 pm

**Pilates Bosu Balance**

This class brings Pilates to a whole new level, using the Bosu Balance Trainer, while combining pilates, basic core work, and balance to create muscular strength & tone in the abdominal, back, and lower body areas. Some pilates experience preferred. Please bring mat and a water bottle

**Winter/Spring Sessions:**

**Session 3:** April 16 - May 14 #4412.13  
**Session 4:** May 21 - June 25 #4412.14  
 (excl 6/11)

**DAYS:** Friday  
**TIMES:** 8:30-9:15 am  
**FEE:** \$45.00 per session  
**NO walk-ins**  
**MIN/MAX:** 5/9  
**DEADLINE:** 10 days prior to start of session  
**LOCATION:** Downtown Armory

**Summer Session:**

**Session 1:** June 30 - Aug 25 # 4412.21  
 (excl 7/14)  
**DAYS:** Wednesday  
**TIMES:** 8:30am– 9:15am  
**FEE:** \$65.00 per session, No walk-ins  
**DEADLINE:** 10 days prior to start of session  
**LOCATION:** Downtown Armory

**Thai Yoga Massage**

Thai Yoga Massage is an unique form of bodywork.....the technique uses point pressure, muscle stretching and compression in rhythmic gentle rocking movements to release muscular & emotional tension and to promote deep relaxation.

1 Hr \$65.00 1 1/2 Hr \$85.00

**Please contact Ivy Miles for appointment 262-391-1445**

**Cardio Blast**

Looking to increase your level of overall fitness? This program combines different styles of aerobic training and body sculpting to give you the results you are looking for and more! Get ready to move, work, sweat and above all-have fun doing so! Bring a fitness mat & water bottle.

Instructor: Ivy Miles, CPT, RYT

**TIMES:** Mondays and Wednesdays  
 5:15pm – 6:15pm  
 Saturdays  
 8:00am – 9:15am

**Winter/Spring Sessions:**

**Session 3:** March 29 - May 5 (excl 4/17) #4401.13  
**Session 4:** May 10 - June 16 #4401.14  
 (excl 5/29 & 5/31)

**FEE:** \$50.00 per session  
 \$5.00 walk-in  
**DEADLINE:** 10 days prior to start of session  
**LOCATION:** Whitewater Aquatic Center

**Summer Session:**

**Session 1:** June 21 - Sept 1 # 4401.21

**TIMES:** Mondays and Wednesdays  
 5:15pm – 6:15pm  
**FEE:** \$75.00 per session  
 \$5.00 walk-in  
**DEADLINE:** 10 days prior to start of session  
**LOCATION:** Whitewater Aquatic Center

## Total Body Fitness

Creating a well-balanced, safe and effective fitness program is the goal of these classes. Each class will use different methods of aerobic training and body sculpting followed by ab work to achieve the results you are looking for! Bring a fitness mat & water bottle. Instructor: Ivy Miles

### Winter/Spring Sessions:

**Session 3:** March 30 - May 6 #4402.13

**Session 4:** May 11– June 17 #4402.14

**DAYS:** Tuesdays and Thursdays  
**TIMES:** 8:05-9:00 am  
**FEE:** \$40.00 per session, \$5.00 walk-in  
**MIN/MAX:** 5/20  
**DEADLINE:** 10 days prior to start of session  
**LOCATION:** Whitewater Aquatic Center

### Summer Session:

**Session 1:** June 22 – Sept 2 #4402.21

**DAYS:** Tuesdays and Thursdays  
**TIMES:** 8:05-9:00 am  
**FEE:** \$75.00 per session, \$5.00 walk-in  
**MIN/MAX:** 5/20  
**DEADLINE:** 10 days prior to start of session  
**LOCATION:** Whitewater Aquatic Center

## Pilates Fusion Plus

A Pilates based class using the fit ball. This class combines Pilates mat exercises, fit ball exercises plus more! All levels welcome.

### Winter/Spring Sessions:

**Session 4:** April 29 - May 27  
 #4408.14

### Summer Sessions:

**Session 1:** June 3—July 1 #4408.21

**DAYS:** Thursday  
**TIMES:** 9:15-10:00 am  
**FEE:** \$40.00 per session, \$10 walk-ins

**Session 2:** July 8—Sept 2 #4408.22  
 (excl 7/15)

**TIMES:** 9:15-10:00 am  
**FEE:** \$60.00 per session, \$10 walk-ins

**DAYS:** Thursday  
**MIN/MAX:** 5/20  
**DEADLINE:** 10 days prior to start of session  
**LOCATION:** Whitewater Aquatic Center

## Restorative Yoga

Yoga is a total wellness system and practical tool for physical, mental, and emotional well-being. Yoga offers guidelines for healthful living. The yoga exercises (or postures) include and promote breathing, stretching, endurance, relaxation, visualization, balance, increased energy and more. Participants should bring a yoga mat and a water bottle to class. Instructor: Ivy Miles

### Winter/Spring Sessions:

**Session 3:** April 13– May 11 #4403.13

**Session 4:** May 18 - June 15 #4403.14

**DAYS:** Tuesdays  
**TIMES:** 9:30 - 10:30am  
**FEE:** \$40.00 per session, \$10 walk-in  
**MIN/MAX:** 5/20  
**DEADLINE:** 10 days prior to start of session  
**LOCATION:** Cravath Lakefront Building

### Summer Session:

**Session 1:** June 22 – Aug 24 #4403.21  
 (excl 7/13, 8/3)

**DAYS:** Tuesdays  
**TIMES:** 9:30-10:30 am  
**FEE:** \$60.00 per session, \$5.00 walk-in  
**MIN/MAX:** 5/20  
**DEADLINE:** 10 days prior to start of session  
**LOCATION:** Cravath Lakefront Building

## S.L.E.D at Whitewater Aquatic Center

**What is S.L.E.D.?** The S.L.E.D. System is a program of progressive exercise designed to motivate you and produce measurable results! (Developed by Jeff Bissonnette SLED system founder)

**What is required of me to participate?** The S.L.E.D. program is **FREE** and available to **current Whitewater Aquatic & Fitness Center members (WAFC)**. Each S.L.E.D. participant will meet with a trainer before beginning the program to establish a personal exercise progression. Each time you work out, you will fill in your exercise sheet and turn it in to a WAFC trainer so your next exercise session can be set up for you. The more consistent you become with your exercise habits, the more successful you will be!

**When does the program start?** S.L.E.D. is an ongoing program. You may sign up at any time.

**How do I sign up?** Just complete the registration form (available at the front desk) and return it to the Fitness Center front desk. You will be contacted to set up a time to meet with a trainer and get your program started.

## Studio 84

121 W. Center St. Whitewater, 262- 812- 7560

### Early Summer 2010 April 27 – June 17

<b>Tuesday</b>	<b>Wednesday</b>	<b>Thursday</b>
4-5 Painting	4-5 Mixed Media	4-5 Drawing

### Summer 2010 June 22 - August 27

Week	10:00-12:00	1-2 pm	3-5pm
June 22-25	Mixed Media	Just Me Preschool Hour 3-5 years old	Printing
June 29-July 2	Sculpture	xxxxx	Book Art
July 6-July 9	Painting	Just Me & You Preschool Hour 3-5 years old + significant other adult	Collage Art
July 13-July 16	Drawing	xxxxx	Mixed media
July 12 –July 16 Theater Skills	It's Showtime 9:30 – 11:30 for ages 6-12 <sup>th</sup> grades 7pm performance on the 16 <sup>th</sup> Registration deadline is June 14 <sup>th</sup> Class size is limited to 15		
July 20- July 23	Mixed media	Just Me Preschool Hour 3-5 years old	Sculpture
July 27-July 30	Printing	xxxxx	Book art
Aug 3- Aug 6	Collage Art	Just Me & You Preschool Hour 3-5 years old + significant other adult	Photography
Aug 10-13	Sculpture	xxxxx	Drawing
Aug 17 –Aug 20	Photography	Just Me Preschool Hour 3-5 years old	Printing
Aug 23- Aug 27	Book art	xxxxx	Painting

**Class Descriptions:** For all ages and all abilities. Class size is limited so register early!

**Early Summer classes run one day a week for 8 weeks (April 27-June 17).**

**Summer Classes are Tuesday, Wednesday, Thursday, and Friday for 2 hours. Each workshop is for one week.**

**Fees:** \$50 for each session taken.

**Ages:** All classes are open to All Ages and Abilities.

**Just Me Preschool Hour:** A session is from 1-2 pm Tuesday thru Friday. Offered several times throughout the summer. For 3-5 yr olds only. A hands on fun hour of art activities, designed for the preschooler in mind.

**Just Me & You Preschool Hour:** Same as Just Me, however preschooler is accompanied by a significant other adult. Enjoy learning side by side with your preschooler, whether you are mom, dad, grandma, grandpa or the babysitter. A wonderful way to spend quality time together.

**Fees for Preschool Hours:** \$25 per session for Just Me. \$35 for Just Me & You.

**Theater Skills:** Whether you are just beginning or looking to improve your acting skills, this class will help. Improvisation, voice projection, getting into character, being spontaneous and teamwork are all skills you will learn and improve upon. Fee is \$60.

**To register for programs,** please make checks out to **Studio 84** and mail registration to **Studio 84, 121 W. Center St. Whitewater WI 53190**. Registration forms are printable online at [www.studio84inc.org](http://www.studio84inc.org). Email: [info@studio84inc.org](mailto:info@studio84inc.org) We will take phone reservations and payment can be made at first class, in the event of overflow, those with a paid registration before the first class will be given priority. Questions? Call **262.812.7560**

## Ice Age Trail Hikes

More than 12,000 years ago, an immense flow of glacial ice sculpted a landscape of remarkable beauty across Wisconsin. As the colossal glacier retreated, it left behind a variety of unique landscape features. These Ice Age remnants are now considered among the world's finest examples of how continental glaciation sculpts our planet.

The **Ice Age National Scenic Trail** is a thousand-mile footpath — entirely within Wisconsin — that highlights these Ice Age landscape features while providing access to some of the state's most beautiful natural areas.

The **Ice Age Trail Alliance** (formerly Ice Age Park & Trail Foundation), a volunteer- and member-based non-profit organization, protects, promotes, builds and maintains the Ice Age Trail. Ice Age Trail Alliance staff and volunteers work cooperatively with the Wisconsin Department of Natural Resources, National Park Service, local governments, businesses and private landowners to shape the Ice Age Trail into one of the premier hiking trails in the United States.

Visit <http://discoverwhitewater.org/calendar> for detailed hiking times and location

## Bike Rides From Bicyclewise

Friday nights (call for times) Bicyclewise is offering weekly rides. Riders will learn shifting, riding techniques, and more. Start date weather depending, call 473-4730 for details.

## Furniture Reupholstery

Please call MATC directly at 1-800-628-6282 or 920-568-7200 for more information or to register for this course. Equipment needed: Project (chair size or smaller), pliers, tape measure, chisel or screwdriver, scissors, old sheet or blanket, container for tools to sit in. Course includes instruction in the use of tools and equipment, the selection, estimation, and application of fabric, basic construction processes such as webbing, springs, rolled frames and fillings. Heavy duty sewing machines are available.

**DATES & TIMES:** Contact MATC Directly at 920-568-7200

**LOCATION:** Downtown Armory  
**FEE:** \$47.67 per class for those under 62 years of age  
 \$4.00 for 62 years and older

## FREE ! 4th of July Bike Decorating

Bring your bike to Bicyclewise and spice up your ride for the parade. On July 2nd & 3rd, Bicyclewise will be offering free decorations for the 4th of July parade. Call 473-4730 for details.

## Fix A Flat

Bring your bike and learn how to change your own flat tires. Fridays at 4:00pm through the month of April at Bicyclewise, 1130 W. Main St. No cost.

## Whitewater Community Gardens

Come hear about the community garden site in Moraine View Park. Join with other gardeners (or would-be gardeners!) in this exciting outdoor activity for all! Land, water and compost will be provided by the City of Whitewater. Enjoy the many pleasures of gardening with your neighbors while growing nutritious vegetables or beautiful flowers! Garden surplus will be offered to the local food pantry. Organic gardening techniques will be shared with all participants. Limited plots are available so be sure to sign-up early at our first community gardens meeting. For additional information, please contact [reutebut@uww.edu](mailto:reutebut@uww.edu)

Coordinator: Tim Reutebuch

**DATE:** May 1, 2010  
**TIME:** 9:00 - 11:00am  
**FEE:** \$25.00 (Registration will be held during the May 1st meeting)  
**LOCATION:** Cravath Lakefront Building  
**NOTE:** Plots will be assigned with corresponding contract agreements and future meeting dates.

## Ceramics

### GRAND RE-OPENING JUNE 9<sup>th</sup> – New Management

All Ages – Children Under 12 must be accompanied by an adult  
**LOCATION:** Downtown Armory (Basement)  
**FEE:** \$1 to \$20 (dependent upon Project chosen)

**DAYS & TIME:** Year-Round  
 Wednesday: 6:00pm-8:00pm  
 Thursday: 3:00pm-6:00pm  
 Saturday: Check Bulletin Board for dates and times

Learn to clean and prepare Greenware for firing; design, special glazing and free paint designs  
**INSTRUCTORS:** Kathleen Geoghan (262) 949-3109 & Rhonda Kolander

## Adult Tennis

Join your friends and neighbors on the tennis courts this summer! The tennis courts at the high school have been reserved for open play. All levels of ability are welcome.

**May 31-August 12**

DAY	TIME	# of Courts	Gender
Mondays	6-9 PM	8 courts	Men & Women
Wednesdays	6-9 PM	4 courts	Men
Thursdays	6-9 PM	4 courts	Women

## Adult Softball Leagues

Competition is offered in men's, women's, coed, and men's over 30 slow pitch softball leagues. Play is open to resident and non-resident players. All leagues play at the Starin Park Softball Diamond. Team registration is accepted through April 16th. To be placed on a free agent list of players looking to be on a team, contact the Parks & Recreation Department. No team placement is guaranteed.

## Masters Swimming

United States Masters Swimming is a national organization that provides organized workouts, clinics, workshops and optional competitions, for adults 18 and over. Programs open to all adult swimmers who are want to improve their fitness through swimming. Classes are included in membership or at the cost of daily admission. Classes are offered Monday and Wednesday evenings 6:30-7:30pm. For more details call 262-473-4900.

## Adult Tap

A Tap class for the adult. Beginners or continuing Adult Tap students welcome.

<b>DATES:</b>	June 9– Aug 4
<b>DAY/TIME</b>	Wednesdays 6:30 - 8:00 pm
<b>FEE:</b>	\$50.00
<b>DEADLINE:</b>	May 30, 2010
<b>LOCATION:</b>	Armory Dance Studio
<b>CLASS #:</b>	4101.21

## Personal Training

The Whitewater Aquatic and Fitness Center offers personal training in a one – on – one setting and group settings.

With the help of a certified personal training, you can accomplish your exercise goals that may include weight loss, improving your cardio respiratory endurance, improving your muscular endurance, sculpting and toning your body and more. Individuals can choose to workout exclusively in a one on one setting or participants can train with friends in a group of 2-4 .

Sam Gnatzig, MS ACE certified personal trainer

An assessment is required before all training sessions begin.

Call for package prices for individuals and groups.  
262-473-4900

## Fitness Tip

As much as it may stress you out just to think about exercising, once you actually start working out, you'll experience less stress in every part of your life.

Exercise produces a relaxation response that serves as a positive distraction. It also helps elevate your mood and keep depression at bay.

## Adult Open Gym

Open Gym hours are provided at the Downtown Armory according to the following schedule:

Basketball	Sundays	6:00-8:00 pm
Basketball	Tuesdays	6:30-8:00 pm
Volleyball	Fridays	8:00-11:00 pm

## Adult Rock Climbing

Looking for a new sport to challenge you, give you a workout, and make you feel great, try rock climbing! All equipment is provided. A signed waiver form from Wall Crawlers is required prior to taking this course. (Youth classes offered on page 2)

<b>DATES:</b>		<b>DAYS:</b>	Thursdays
Session 1:	May 6 - May 27	<b>TIMES:</b>	6:00 - 8:00 pm
Session 2:	June 10 - July 1	<b>FEE:</b>	\$30.00
Session 3:	Aug 12 - Sept 2	<b>DEADLINE:</b>	10 days prior to start of session
		<b>LOCATION:</b>	Wall Crawlers Climbing Gym

## Wellness is a way of life!

### Eat Better

Try lots of different fruits, veggies, and whole grains for a healthy diet. You're bound to find a few you really like!

#### CARROTS

Carrots are a great source of Vitamin A, beta carotene, and fiber— and they're tasty as well! Carrots contain more sugar than any vegetable except beets, and this natural sweetness makes carrots a fantastic choice for a snack or at mealtime.



### Play Harder

Over 18 million American kids, adolescents, and young adults play soccer in youth leagues, high school, and college. Soccer is great fun— but it's great exercise, too. Think of all the running you do during an hour of practice: in that short time, the average kid can burn up to 700 calories just by having fun running around! If soccer isn't your cup of tea, try another sport.



### Learn Easier

Keep your backpack organized and you'll do better in school. When you get home each day, take everything out of your backpack and divide it up— stuff that stays home, homework for that night, stuff that needs to be signed, etc. Before you go to bed, get it ready to go again for the morning.



### Live Healthier

Every vitamin does something special for your health. Vitamin D helps build strong bones and teeth. Dairy products, fish, and fortified cereal are good sources of vitamin D, and your body can also make vitamin D from sunlight—that's why it's called Sunshine Vitamin!

### Volunteering— It's Healthy!

When picturing volunteerism, it is quite common to view it as a one-way street. Many believe that volunteering is simply “giving back to the community,” or “helping those in need.” Although this is definitely a by-product of volunteering, there is so much more to it. One of the greatest things about volunteering is that you get so much in return for your time and effort. Generally speaking, the more you give, the more you get back.

Volunteering is good for you! Studies indicate there is a significant connection between volunteering and good health — in particular, improving your psychological well-being. As a matter of fact, volunteerism is now being studied as a potential disease prevention variable. Research shows that volunteering is particularly beneficial to the health of older adults — lower rates of depression, more longevity, and less incidence of heart disease - and is related to the personal sense of accomplishment an individual gains when helping others. Another possible explanation is that volunteerism can help one to develop larger social networks, which in return could act as a buffer to stress. Either way, if the commonly believed adage that “stress contributes to 99% of all illness” is true, then volunteerism can be a great way to stay healthy and boost your immune system!

Volunteerism is a fantastic method of personal empowerment and self-esteem building, both of which are important in maintaining a healthy lifestyle. According to studies on adult volunteers, those who volunteer often have better self-perceived health and higher morale, self-esteem, and social integration. Volunteering helps you meet new people, creates that wonderful feeling that you are making a difference, and develops a sense of belonging while fostering connections to the community.

So if you're looking to boost your immune system and increase your self-esteem, while meeting new people, developing transferable skills, and having a great time in the process, then be sure to give volunteering a try!

Source: The Health Benefits of Volunteering: A Review of Recent Research (Corporation for National and Community Service, U.S.A.) April 2007 [www.nationalservice.org](http://www.nationalservice.org)

## Nutrition and Education Resources

#### How to Teach Nutrition to Kids

Promotes positive attitudes about food, fitness, and body image  
[www.nutritionforkids.com](http://www.nutritionforkids.com)

#### Action For Healthy Kids

A large collection of nutrition and physical activity resources  
[www.actionforhealthykids.org](http://www.actionforhealthykids.org)

## Regularly Scheduled Activities

Most activities take place at the Starin Park Community Building and are offered free of charge unless noted otherwise. Call 473-0535 or go online to [www.ci.whitewater.wi.us](http://www.ci.whitewater.wi.us), Departments, Seniors in the Park for information on these activities. Some events require a reservation—please call in advance.

### Regularly Scheduled Activities

- Bid Euchre**—Mondays 1:00 pm
- Bingo**—First, Third and Fourth Tuesdays 10:00 am
- Book Club**—First Monday 10:30 am
- Canasta**—First, Third and Fifth Mondays 1:30 pm
- Ceramics**—Tuesday and Wednesday  
6:30-8:00 pm, Thursdays 1-3 at Armory
- Chess**—Wednesdays 1:00 pm
- Computer Tutors**—Various classes offered
- Dominoes**—First Tuesday 11:30 am
- Golf League**—Mondays 8:30 am Oak Ridge Golf Course, Milton
- NVR2LATE**—Singles group for those 50+. Call for meeting times
- Potluck**—First Tuesday 11:00 am. Bring a dish to pass
- Senior Forum**—First Monday at noon
- Stretch and Flex**—Mondays and Thursdays 9:30 am \$1.00/class
- Texas Hold ‘em Poker**—First and Third Wednesday 1:00 pm
- Wii Bowling**—Mondays 11:00 am
- Zumba Gold** – Wednesdays 10:45 am (May) 9:30 am (June – August) \$3.00/class

## Volunteer Opportunities

- Reflections**—Reflecting on where we’ve been helps us go forward. Maintain and update our historical information and photos. Time commitment is your schedule and training is provided.
- Movie Director**—Choose and project two movies a month on the second and fourth Tuesdays, 12 pm—2:30 pm. Can be as simple as you want or add your own flair with movie backgrounds or interesting facts. Training provided.
- Van Drivers**—Once or twice a month. Training and funding provided for CDL license and background check required.

### Individual or Team Opportunities

- Cable TV Show Production:** Be a part of the new cable TV show either behind the scenes or in front of the camera. People are needed to plan shows, find interviewees, develop interview questions, videotape, and edit.
- Update the Volunteer Application and Training Manual:** Developing a volunteer base is crucial to our existence. These items assist in recruitment and retention of volunteers.
- Experience Coordinator:** Provide people with quality travel experiences by planning and escorting day trips. Support and training provided. A travel brochure can also be produced, if desired.
- Health and Fitness Event Planners:** A group is being formed to plan and implement health and fitness opportunities for special events. Events include, but are not limited to: Event at Taste of Whitewater September 11, and Women’s Health and Fitness Day Sept 29

### Card Groups

- Bid Euchre:** Mondays 1:00 pm
- Canasta:** First, Third, and Fifth Mondays at 1:30 pm
- Sheepshead:** Tuesdays 1:00 pm
- Poker:** First and Third Wednesday at 1:00 pm

### Our House Senior Living Movie

Second & Fourth Tuesday of the month 12:30 pm. Popcorn is served. No Charge.

## Services Offered

### Blood Pressure Screening

Fourth Thursday of the month at 11:00 am. Provided free by Whitewater Family Practice.

### Foot Clinic

First Tuesday of the month at noon. Includes foot soak, nails clipped, filed and cleaned, corns and calluses filed, and foot massage. Bring a towel. No appointment is necessary. \$10.00.

## Services Offered

### Newsletter Delivery or E-Delivery

To have the Seniors In The Park newsletter mailed to your home, please call 473-0535. The cost is \$5.00 for a one-year subscription. To receive the newsletter **FREE**, go online to [www.ci.whitewater.wi.us](http://www.ci.whitewater.wi.us) or visit [www.whitewaterbanner.com](http://www.whitewaterbanner.com). The newsletter is also available for pickup at the Starin Park Community Building, the Irvin L. Young Library, the Municipal Building, and the Whitewater Aquatic and Fitness Center.

### Walworth County Nutrition Program

Enjoy lively conversation and the company of others. The meal is served Monday through Friday at 11:30 am at the Starin Park Community Building. The meal is open to **anyone** over the age of 60, and their spouse. Lunch is provided on a donation basis, the suggested donation is \$2.50. Persons unable to contribute the suggested donation will continue to be welcome. Please call the Nutrition Coordinator, Sue, at 473-0536 by noon one day in advance for a meal reservation. A monthly menu is available in the Seniors in the Park Newsletter or local newspaper.

### Greeting Cards

Inexpensive, quality, Greeting Cards are available for purchase from 8:30am-4:00pm.

### Therapeutic Massage

Second Monday, 1:00pm-3:00pm -Table massage, appointments can be made in advance by calling 262-473-0535. Cost \$25

## New Activities

### Self Defense

Learn basic, simple ways that any ability or age can use to defend themselves. Emphasis in the class will be on awareness & prevention of attacks, knowing & controlling risks, and control of your environment. There will also be a demonstration of cane self defense techniques.

Session 1: May 20 #5307.12  
 Days: Thursday  
 Times: 1:00 – 2:00 pm  
 Fee: None  
 Min/Max: 5/20  
 Deadline: May 17  
 Location: Starin Park Community Bldg

### “The Park Bench” Cable Show

Check out our cable TV show. See interviews of intriguing local people, learn about topics of concern & interest to older adults, and stay up-to-date on Seniors in the Park happenings. The program will be aired on cable channel 98 and digital channel 990. Go to <http://www.whitewatertv.org> for listing of viewing times.

### Trivia Contests

Weekly in July – Each week trivia will be posted on the bulletin board. Stop in and answer the question to be eligible for the weekly drawing.

Team Contest-Wednesday, July 28 1:00 pm. Assemble your team of 2-4 and compete in the team trivia challenge. Prizes and snacks included. \$4.00 per team.

### Van Trips

Every month the van goes out for a Fish Fry and Lunch Bunch. Watch the newsletter for other delightful trips with the van. For detailed tour itineraries or cost call 262-473-0535 or go online to [www.ci.whitewater.wi.us](http://www.ci.whitewater.wi.us)

### Extended Trips

For detailed itineraries on the extended trips call 262-473-0535, email [dweberpal@ci.whitewater.wi.us](mailto:dweberpal@ci.whitewater.wi.us)

### Natural Wonders of Costa Rica

October 13-21, 2010, 9 days  
 Costa Rica is Central America's greatest hidden gem, a haven for eco-tourism. Experience the lush forests, magnificent waterfalls, rumbling volcanoes, endless coastlines, and diverse ecosystems in a place that preserves its delicate ecology for all to enjoy. Includes 18 meals, cloud forest and biological reserves, volcano national parks, jungle river cruise, butterfly and hummingbird galleries, coffee plantation, three multi night stays including two nights at an all inclusive resort, and much more. Detailed itinerary at Seniors in the Park or online at [www.ci.whitewater.wi.us](http://www.ci.whitewater.wi.us), Departments, Seniors in the Park.

### Fireside

Wednesday, June 2—Cinderella  
 RSVP/Payment deadline: Mon., May 3  
 Wednesday, Aug. 4—Ring of Fire  
 RSVP/Payment deadline: Fri., July 2  
 Cost: \$67.00  
 Fireside transportation is on your own.

## City Services

### Compost Site:

Open: Saturdays 8-2pm  
Wednesdays 3-7pm

Loader available to City residents for larger loads of chips or composted dirt on first Saturday of every month while site is open. Loads of compost or wood chips must be loaded on enclosed sided vehicles. All bags and containers that are brought to the compost site with compostable material in, must be taken back with the resident and disposed of properly. No building material of any kind may be deposited in our compost site.

### Brush Chipping:

The city chips brush every Tuesday for city residents. Residents should call the Streets, Parks and Forestry Department at 473-0542 before Tuesday morning to be placed on the list for chipping. The city will drop off loads of chips to city residents who call and ask for such service, and also designate an area where chips can be safely dumped.

## Whitewater- Tree City USA

Did you know that the National Arbor Day Foundation has named the City of Whitewater a Tree City USA for the past sixteen years! As a Tree City USA, Whitewater must meet the criteria of four standards:

- A forestry department
- A tree care ordinance
- A comprehensive community forestry program
- An Arbor Day observance & proclamation

Whitewater has also been the recipient of a Tree City USA Growth award for nine years for demonstrating progress in its community forestry program, recognizing environmental improvement, and for providing higher levels of tree care.

As a City of Whitewater property owner, you can participate in the community forestry program by requesting to have a tree planted in the terrace in front of your home or business in Spring.

The City of Whitewater celebrates Arbor Day on Thursday, May 6th weather depending. In honor of Arbor Day, plant a tree in your yard or contribute to a local beautification project.

## Volunteer Opportunities

Do you like to work outdoors? Volunteers are essential to the continued growth and beauty of Whitewater's Parks. By assisting in various activities, programs, and events, volunteers help maintain high quality community recreation and park services. If you are interested in making a difference in your community, call 473-0121.

## Terrace Trees

It is extremely important to care for your terrace trees! Please remember in dry conditions that your terrace tree needs approximately 5 gallons of water per week. It is prohibited to trim or remove your terrace tree. If your terrace tree needs care, please call City Forester Chuck Nass.

The City of Whitewater will also be planting terrace trees. If you would like a terrace tree please call the City Forester Chuck Nass at 473-0542.

## Memorial Tree Planting and Bench Dedication Program

The City of Whitewater has a program that lets you honor a special person or persons through the living gift of a tree or dedicated bench. You can request to "donate" a tree or trees that would be planted in the park of your choice as a memorial.

Park Benches are available to honor a loved one or to recognize a family member. We have numerous locations within the park system that are in need of additional benches and are willing to work with the donor on a selected location. We have benches at Cravath Lakefront and will be installing 5 benches at Starin Park around the new playground that are in need of a donation/sponsorship.

For more details on this program, please call City Forester Chuck Nass at 262-473-0542.

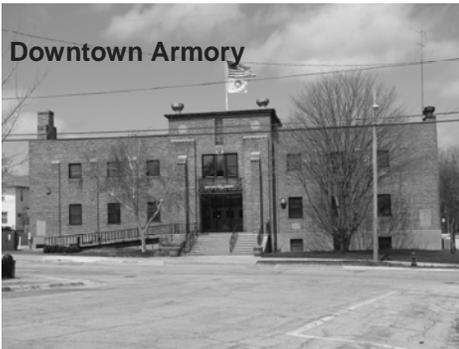


## Bark Park

The Whitewater Bark Park, established in 2006, provides a safe place for dogs to run and play off-leash. Tags or a daily donation are required to use the park. In order to purchase a tag for the Bark Park, all dogs must be licensed with their local municipality. If you live in Whitewater, dog licenses are required and valid for one calendar year. To obtain a dog license you will need to provide proof of rabies shot w/expiration date. Licenses and bark park tags are available at the Finance Department, located on the 1st floor of the Municipal Center. The Bark Park entrance is off of Commercial Avenue in the Whitewater Business Park. Visit [www.whitewaterdogpark.org](http://www.whitewaterdogpark.org) for more information.

**Looking for a place to host your next Birthday Party, Company Picnic, Family Baby Shower, or Wedding? The City of Whitewater has a wide variety of options for you!**

**Building Rentals**



**Downtown Armory**

The Downtown Armory is located on North Street next to Brewery Park and Whitewater Skate Park in close proximity to Downtown Whitewater and the Cravath Lakefront. This multipurpose, handicap accessible facility is able to accommodate a wide variety of activities and functions. With parking close by, the Downtown Armory is able to host anything from a small activity to a large event.



**Starin Park Community Building**

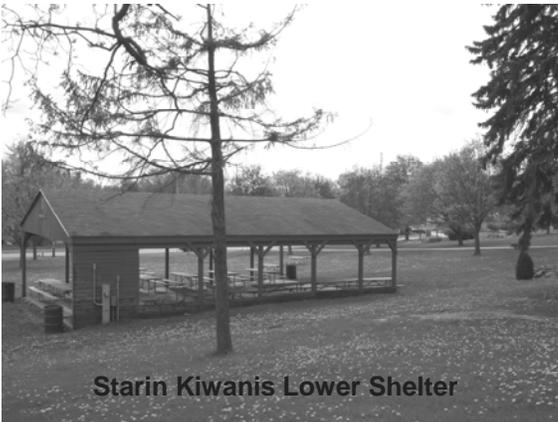
With full kitchens, restrooms, and parking near by both these multipurpose facilities will be able to host a small party or large event. Each handicap accessible facility holds up to 100 people. With walking trails near by both facilities are a great place to hold any event.

**Picnic Shelters**

- |  |  |
|--|--|
| Cravath Lake Shelter<br>341 S. Fremont Street    | Starin Upper Shelter<br>504 W. Starin Road         |
| Trippe Lake Shelter's<br>407 S. Wisconsin Street | Starin Kiwanis Lower Shelter<br>504 W. Starin Road |



**Cravath Lakefront Building**



**Starin Kiwanis Lower Shelter**

All picnic shelters available for rent have a maximum capacity of 100 guests with an open shelter and picnic area. With free off street parking available, all shelters are handicap accessible. Trippe Lake Shelter and both Starin Park Shelters are closely located to playgrounds and walking trails.



**Trippe Lake Shelter (Beach)**



The Trippe Lake Shelter was constructed in 2009 at the former location of the Trippe Lake Beach House. The shelter includes a serving window with small kitchen area, restrooms, and an enclosed picnic area. Year-Round Rental Available



**Register Online at:**  
<http://activenet9.active.com/whitewater>

## Facility Reservations

Reservations for city facilities can be made through the Parks and Recreation Department. All city parks are open from 6:00 am until midnight. Municipal facilities can be reserved from 6:00 am until 11:00 pm. No alcohol is allowed in city parks and facilities except by permit. Alcohol permits are \$10.00 and must be applied for two weeks prior to the event. The reservation fees are listed below. A security/damage deposit of \$500.00 is required for all building reservations and \$100 for shelter reservations. Credit card use is acceptable for rentals and damage deposits. The use of Tent Structures must be approved at time of facility request submission.

Facility	Whitewater Resident (4 Hours or less)	Non School District Resident (4 Hours or less)	Whitewater Resident (Per Hour Fee Over 4 Hours)	Non School District Resident (Per Hour Fee Over 4 Hours)
Cravath Lake Community Center (Capacity 100)	\$220	\$275	\$40	\$50
Starin Community Building (Capacity 100)	\$150	\$190	\$30	\$40
Armory Gym w/ kitchen (Capacity 300)	\$150	\$190	\$30	\$40
Armory Dance Studio (Capacity 25)	\$150	\$190	\$30	\$40
Armory Activity/Meeting Room (Capacity 25)	\$75	\$95	\$15	\$20



Facility	Whitewater Resident Daily Fee	Non School District Resident Daily Fee
Cravath Lake Picnic Shelter (Capacity 100)	\$60	\$75
<b>NEW!</b> Trippe Lake Picnic Shelter (Beach) (Capacity 100)	\$70	\$90
Trippe Lake Picnic Shelter (Playground) (Capacity 100)	\$50	\$65
Starin Picnic Shelter (Capacity 100)	\$50	\$65
Starin Park Kiwanis Lower Shelter (Capacity 100)	\$50	\$65
Starin Park Ball Diamond w/lights	\$80 \$150	\$100 \$190

Group	Description	Charge
1	Partner Organizations will not be charged a facility rental fee for their facility usage provided that their facility use is for the purposes of holding an organization meeting, practice, game, etc. Partner organizations provide a charitable good to the Whitewater community and have had a history of receiving free rentals for facility space. For a complete listing of partner organizations, please contact the Parks & Recreation office. Exception: Partner List members holding an event serving food or drink will require paying the entire rental fee. Exclusions: Optimist Breakfast w/ Santa & Kiwanis Pancake Breakfast Any event serving alcohol will be required to pay 100 % of rental fee.	None
2	Non-partner civic or charitable group holding an event, meeting, or practice without food & beverage that is free to the public to attend	25% of Published Fee
3	University of Wisconsin-Whitewater Recognized Organizations, Groups, Schools, Athletics Private Events not serving food or beverages that are free to the public	50% of Published Fee
4	Private Event serving food and/or alcohol Private Event charging admission	100% of Published Fee

# Park Services and Facilities

		Acres	Picnic Area	Enclosed Shelter	Open Shelter	Grills	Drinking Water	Restrooms	Playground Equipment	Boat Ramp	Fishing	Trails/Hiking	Ball Diamonds	Sand Volleyball Court	Cross-Country Skiing	Snowshoeing	Multi-purpose Area	Water Features	Ice Skating	Disc Golf	Skate Park	Pet Exercise Area
<b>Community Parks</b>																						
1	Starin 504 W Starin Road	34.2	•	•	•	•	•	•	•			•	•		•	•	•					
2	Trippe Lake 407 S Wisconsin Street	24.2	•		•	•	•	•	•	•	•	•			•	•	•	•				
3	Cravath Lakefront 341 S Fremont Street	6.1	•	•	•		•	•		•	•	•			•	•	•	•				
4	Moraine View 1201 E Corporate Drive	45.0	•				•					•					•					•
6	Whitewater Creek Nature Area 685 N Fremont Street	59.8	•								•	•			•	•		•				
<b>Archeological Park</b>																						
5	Indian Mounds 288 S Indian Mound Parkway	21.5	•									•			•	•	•					
<b>Neighborhood Parks</b>																						
7	Skyway 1302 W Tower Hill Pass	4.1	•						•								•					
8	Brewery Hill/Armory 116 W North Street	7.3	•				•										•	•			•	
9	Meadowsweet 601 N Pratt Street	4.0	•									•					•					
10	Minneiska Park 731 S Tanner Way	20.0	In Development																			
<b>Mini Parks</b>																						
11	East Gate Park 1271 E Jakes Way	2.0	In Development																			
12	Walton Oaks 654 N Stone Field Lane	2.6										•					•					
13	Clay Street Nature Park 511 E Clay Street	1.4	•								•						•					
14	Main Street Shoppes Courtyard 112 N First Street	0.1	•																			
15	Birge Fountain 402 W Main Street	0.7																				
16	Trailhead 1175 E Bluff Road	0.7																				
17	Ward 180 N Hyer Lane	2.9																				
18	Big Brick 611 W Center Street	1.1	•	•			•	•	•								•		•			
19	Mill Race 124 W Main Street	0.6	•								•											
20	Turtle Mound 1602 W Turtle Mound Circle	1.0	•	•	•				•								•					
<b>Public School Facilities</b>																						
A	Whitewater High School	69.3	•				•	•				•	•		•	•	•					
B	Whitewater Middle School	25.1	•				•	•				•					•					
C	Lincoln Elementary	10.3	•				•	•	•			•					•					
D	Washington Elementary	8.2					•	•				•	•				•					
<b>University Facilities</b>																						
E	UW LAWCON Fields	122.1	•				•	•				•	•		•	•						

# Registration Form

*Fill out all parts of this form carefully. Incomplete or inaccurate information will delay your registration.*

**Step 1: Fill in information below as an individual or as a family.**

<b>Self or Adult Contact</b>			
<small>(if registering children)</small>	<small>Last Name</small>	<small>First Name</small>	
Home Phone _____ Cell Phone _____ Email Address _____			
Address, City, State, Zip			
<small>Address</small>		<small>City</small>	<small>State</small> <small>Zip</small>
If registering children: Mother's full name _____		Mother's work phone _____	
Father's full name _____		Father's work phone _____	
In emergency, contact:			
<small>Name</small>		<small>Relationship to Participant or Family</small>	<small>Phone</small>
Allergies, Asthma and/or other medical conditions: _____			

**Step 2: Participant Information**

Registrant's First & Last Name	Age	Sex	Birthdate	Class #	Program Name	Amount

*\*Add \$1 or more to your total fees to help provide financial assistance for City of Whitewater Residents unable to afford program fees. Thanks for supporting the Sunshine Fund.*

<b>*Sunshine Program Mark Up</b> <i>(Optional)</i>	\$ _____
<b>Check/Cash</b>	<b>Total:</b> \$ _____

**Step 3: Charge Information** (Not necessary if paying by check or cash).

<i>Credit Card Number</i>	<i>Expiration Date</i>
<i>Card Holder (print name)</i>	<i>Payment Amount</i>
<i>Authorized Signature</i>	<i>Type of Card</i>

**Step 4: Release of Liability**

I agree to the unreserved use of my name and/or likeness (including photographs, videotapes, and other depictions) for publicizing Whitewater Parks and Recreation Department programs. I assume all risks and hazards of the program and release from responsibility any employee/agent/volunteer/organization associated with this activity. In case of injury, I do hereby waive all claims or legal actions, financial or otherwise, against the City of Whitewater, its organizers, sponsors, or any volunteer connected with the program unless injury is caused by the sole negligence of the City of Whitewater. In absence of signature, payment of fees and participation in the program shall constitute acceptance of the conditions set forth for any purpose.

Parent/Guardian Signature: \_\_\_\_\_ Date: \_\_\_\_\_

Mail registration by completing the registration form and return to City Hall at 312 W. Whitewater St. Whitewater, WI 53190. Checks are payable to: City of Whitewater. Payments using credit cards are accepted in person at the Municipal Center or via fax (262-473-0509).

# New Registration Options & Process

## How to Register



### Online

Register Online at:  
[http://  
activenet9.active.com/  
whitewater](http://activenet9.active.com/whitewater) or visit the link  
on the Parks & Recreation  
Website at  
[www.ci.whitewater.wi.us](http://www.ci.whitewater.wi.us)



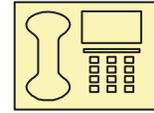
### Mail- In/Fax

Mail registration by  
completing the registration  
form on the left and return  
to City Hall or address  
listed on the form. Checks  
are payable to: City of  
Whitewater. Payments  
using credit cards are  
accepted in person at the  
Municipal Center or via fax  
(262-473-0509).



### In Person

Register In Person by  
visiting the Parks and  
Recreation office on 2nd  
floor of the Municipal  
Building at 312 W  
Whitewater. Our office  
hours are Monday-Friday,  
8AM-5PM.  
For your convenience a 24  
hour drop box is located at  
the Municipal Center



### Phone

Register by phone calling  
us at 262-473-0101 dur-  
ing business hours and  
register over the phone.  
A credit and/or debit card  
will be required for all  
phone transactions.

**Register online to increase the chance of getting into the classes of your choice: <http://activenet9.active.com/whitewater>**

#### When to Register

Registration begins on-line on **Friday, April 16th at 8AM**.  
Registration in person, via phone, and mail will begin on  
**Monday, April 19th at 8AM**.

#### How Do I know If I'm In A Class

If you mail in a complete registration form and payment,  
assume you are in the class. We will call you with any  
problems or questions we have. Anyone who provides an  
email address will receive an email receipt confirmation of all  
programs registered for.

#### Satisfaction Guarantee

You are important to us! Our department is committed to  
providing high-quality programs and services. If you are not  
satisfied with a class or program, please contact us. We will  
arrange for a transfer, refund, or credit. Trips are excluded  
from this reimbursement policy.

#### Class Cancellations

The Parks and Recreation Department reserves the right to  
cancel a class and make schedule changes when enrollment  
does not reach the minimum number. Notification will be made  
as soon as possible.

#### Charges, Fees and Refunds

Fees are established with an attempt to standardize cost  
according to the number of sessions, facilities, equipment and  
supervision. Full refunds will be given when the Parks and  
Recreation Department cancels a class or makes a change in  
the class schedule.

#### Recreation Sunshine Fund

The Whitewater Parks and Recreation Department  
believes in providing services and programs to all who  
wish to participate, regardless of financial status. A  
fund has been created to assist those who wish to  
participate in our programs but do not have the finan-  
cial ability to do so.

Applicants must live within the Whitewater Unified  
School District boundaries and approved applicants  
will need to pay half of the program cost. To apply,  
please request a copy of the application from the  
Parks and Recreation Department. All requests are  
confidential. Applicants need to submit a request form  
for each request. Applications will not be accepted  
for program registrations that have previously been  
processed and the approval will be based on the  
availability of funds in the Recreation Sunshine Fund.

#### Recreation Inclusion

The City of Whitewater proudly complies with the  
Americans with Disabilities Act and will make reason-  
able modifications to support inclusive recreation par-  
ticipation. For answers to your questions about recrea-  
tion inclusion, call Michelle Dujardin at 262-473-0121 or  
contact by email at [mdujardin@ci.whitewater.wi.us](mailto:mdujardin@ci.whitewater.wi.us)

#### Late Fees!

Please read the deadline dates very carefully. A late fee of \$10.00 will be enforced and assessed to each person and to each program when registering after the registration deadline date.

# Parks & Trails City of Whitewater

